

Oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

## Episode 7

Hello my loves, and welcome to another episode of the Soul Legacy podcast with me, your host, Ayesha, also known as Oath Oracle.

So I'm just popping on for a little transmission that's coming through me right now, and it's like 9:30 at night. Normally I'm not recording at this time. Really full day today with the first day of the Soul Business Mastermind, a few new projects launching, a meeting about a public speaking opportunity that's coming up, as well as a meeting with my mentor and so much activity with my team. It's been a really full day.

I totally ordered UberEats Indonesian food and watched an episode of Gilmore Girls, which is my comfort show. And I was just getting the ping and getting the inspiration to share some of what was going through my mind and through my heart and spirit.

I love bringing through a message when it's alive, and I'm so grateful that I have this platform in this podcast where I can just sit down at my microphone and let it pour forth. So here is the message that came. In my mastermind today, the very first day of the Soul Business Mastermind, I looked around at this incredible, incredible group of humans.

Like I feel so lucky and privileged to be able to hold the space and facilitate a six month business alchemy journey with these exact individuals. And I know every single one of them is going to have massive breakthroughs and blowups in these six months, because they're ready. They've done the work, they're embodied in their medicine and they're claiming it and they're deciding it.

And that decision is so, so, so, so important. And one topic came up around visibility and just what it kind of activated within me was, I started to have these memories and these like flashes from programs

Q a t h O r a c l e

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

that I've led or other calls and spaces that I've led, whether it be with private clients or in group programs, etc., with a certain type of question.

And the question goes something like: How do you show up online without being afraid? How do you deal with this? Or get rid of the fear of being seen or being humiliated or being ridiculed or having haters? How do you just get rid of the insecurities? How do you get rid of the doubt? How do you get rid of feeling unworthy so that you can do these things in business?

How do I get rid of overthinking? How do I get rid of perfectionism? People pleasing? This kind of question that's framing it as if these very natural and human experiences, which every entrepreneur feels a lot of these to some degree, right? No one is truly without fear. And as we know, the definition of courage isn't the absence of fear. It's feeling the fear and doing it anyway.

But I do hear questions that sound like this often, that are worded in this way, like, how do I change *blank* so that I can show up in my business? Go after my dreams, go full time in my business? etc., etc. And I'm sorry if you're hearing a sound, my cat is being very, very silly and very cute today.

And my answer to this, that I think is so important and so liberating and freeing, is this: it's not about erasing or becoming fully healed. It's not about erasing these experiences. It's actually about making a choice and taking responsibility for your vision being bigger than your fear. The fear is still there. It can still be there. Right? And that's not saying it's always there and it can't shift.

And of course, you know, there are certain fears that I face that I truly don't feel the fear anymore. And that's a beautiful journey to go on as well, right? Facing our fears, integrating the shadow and changing our lives through doing that. You know, I used to be afraid of swimming in deep water. Now I get in the ocean and just swim right out into the horizon.

And it's a beautiful thing for me. But if we're waiting until we have an absence of fear to do things we've never done before, that doesn't really make sense with our system. Our system is naturally a little bit weary, cautious, and even afraid of what is unknown. And entrepreneurship is going where other

Oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

people have not gone before. Even when we have a coach or a mentor, they can't tell us how to make our path.

They can't tell us exactly what to do. That doesn't add up, because it's our path and it's only our path. Entrepreneurs are people who take greater risks than the average person. Rather than having a steady 50k per year, I have wild fluctuations. But at the same time I have 50k or more per month. So it is a path with greater fluctuation, less predictability, in many ways less security.

But also I've never felt more secure than I do these last years that I've had my business. So if we're waiting to not feel fear to go do something we've never done before, that takes courage. That takes boldness. That is a risk that puts us in visibility and pushes us to our edges. Well, we're probably never going to do that, because the fear is not going to resolve from us waiting for it to go away before we take the action.

Just like me with learning to swim in deep water. It wasn't mindset work and telling myself not to be afraid that shifted that fear. It was going in the ocean again and again and again and again and again, and asking for support. I had friends, and my ex really helped me out with that, with practicing in the ocean and stuff.

And then that is how the fear actually transforms - rather than transforming it first and then playing big in my business. It's like I spent a lot of time swimming in the shallow water because I felt afraid to go in the deep water. But I didn't swim in the shallow water until one day I could swim in the deep water.

I had to go into the deep water, even if it was just for a few seconds with a friend, with my ex, with me being really close by, you know, swimming out to the deep water, then swimming back to the shallow water really quickly. Like, I had to expose myself to that in order to face it.

So when you make the choice that your movement, your vision, your medicine, your dreams are bigger than your fear, the whole conversation changes, the whole inner dialog changes. And it's so interesting

Qath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

because we might already feel this in a certain area of life. I know people who jump out of planes and skydive that feel fear around showing up in their business or going big in their business.

And for me, I've never skydived yet. And that just, I'm like, oh my God, it - and once again, I'm not going to just think about skydiving until I'm not afraid of it and then go skydiving. I'm going to have to just do it scared one day. And then the responsibility part comes with spending time with our vision and visualizing our vision, visualizing it, allowing, giving ourselves, giving our heart, the permission to dream. To open our hearts to what our real dream is.

Sometimes we don't allow ourselves to taste and explore and let our real dream blossom, because we are afraid of getting our feelings hurt. We're afraid of getting our hopes up. So we kind of choose a more realistic one where instead of some kind of high aspiration, for example, for me, I dream of being a bestselling author.

I dream of having another property, maybe in Europe or something like that. I dream of being with my soulmate and being a power couple and just feeling so destined and aligned. I dream of having, you know, I'm really grateful for my girlfriends because that's not something I always had. But I dream of even more of a deeper squadron, squad vibes where we're having girls trips a couple of times a year and like that kind of thing.

And I dream of working with more celebrities and leaders and founders. I dream of having holding programs with 500 people inside and, you know, maybe one day starting another membership, perhaps. I have so many of these high aspirations and dreams. I have a dream of learning to DJ right now. So one of my one of my high aspirations as well is performing as a DJ and doing a show and feeling the audience, feeling it. And it's so lit and it's just like, oh, my God.

And see, you can probably hear my smile as I'm speaking of this. You can probably hear the joy that's moving through me as I'm allowing myself, because I'm actually letting myself feel the feelings that would be contained in these outcomes. And this is a big deal for me because I have Chiron - we talked about this a lot in the mastermind today - I have Chiron in my 11th house in my birth chart. And I

oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

have a masterclass on this by the way, the 11th house is the house of groups and community. So I had stuff and wounds around groups and community, around being accepted or on belonging or on being a black sheep or being a loner and having a different upbringing than other people.

And that attached to the 11th House is also the house of hopes, dreams and wishes. So I had a wounded ability to dream. And even as a child, I never thought, I'm going to be a ballerina, I'm going to be an astronaut, I'm going to be a doctor. I was so hyper realistic because I kind of knew that my parents didn't have money for me to go to college.

And I just like, I had a really, really poor attendance. So a scholarship did not seem likely. I really had a hard time at school. It was really hard for me to pay attention. I have now, I realize that I had nervous system issues and PTSD which made it really hard. I hardly remember anything from school.

So the scholarship option didn't really seem there. And, you know, they say that if you don't have a degree, you don't get a good job. So I just really wrote it, wrote myself off from a really young age, because I had wounds with my ability to have aspirations and dreams. And this is not the dreams we have when we're asleep.

It's the dreams we have for life. It's the visions that we have for life. And as you may know, if you've done my Chiron Masterclass, The Alchemy of the Wounded Healer, I highly recommend it. Our Chiron wound is also our greatest healing gift. So every day in my work, and where it also is for me is in the sign of Cancer, which, long story short, it's a wound around abandonment and safety.

So how I've alchemized that wound through my healing journey is, I help other people feel safe to go after their dreams - their real dream. Okay. So some people, because of armor around their heart, because of real shit that they went through, disappointments, betrayals, things not working out, getting our hopes up in the past.

Some people are out here like, I want to start a business. I want to, you know, maybe make this amount of money. I just want to start a business. I don't know, I just want to start a business. And they don't

oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

have that smile in their voice. They don't have that joy rippling through them because that's not the real dream. Just simply starting a business or having a business. And being full time in my business.

Being full time, it depends. Right? I'm not saying that that is not an amazing dream, because there are people who are like, this year I'm going full time in my business and I can feel the smile, I can hear the smile. So it's really not about the examples I'm giving.

It's about the energy that's behind them. And it's about people who say that 'I'm going to start a business' because they see other people starting businesses. They think it would be cool, they might be comparing themselves to others, and they're curious and something is awakening within them. And then there's other people who say, I want to go full time in my business and I want to go full time in my business this year.

And there's a smile and there's a joy in it because they know what that means to them. They've spent time fleshing it out within themselves. What that means to them is more time with my family. It means freedom to create my own schedule. It means the ability to go work wherever I want to. I can work from the beach, I can work from hotels, I can work from cafes.

It means working with these really amazing people and doing my gift and doing my spiritual work. And it would mean never having to go back to a job that I don't love. And that's going to just increase my quality of life and my mood when I am with my partner. And there's this like aspect, there's layer after layer after layer.

So where we can take responsibility for this is actually dreaming more and dreaming deeper and exploring the deeper levels of, okay, you want to go full time in your business. Why? Okay, you want a 10k month? Why? What does it mean to you in your life? Because when you allow your heart to open to everything that that's going to contain for you, your fears become just whatever.

It's like a shadow. And then you light a massive bonfire in your heart, right? A scary shadow in the corner while you illuminate that room with a massive bonfire, then the shadow is gone. It dispels the

oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

shadow. Even one flame of one candle can shatter the darkness of a room. Right? If you are in pitch black and you light one candle, that's already creating so much luminosity.

So rather than having the focus be on, can I erase my fear? How do I fix my fear? How do I get rid of my fear or my insecurity or my past disappointments or my... it really kind of all comes back to fear, right? Fear of being betrayed. Fear of being seen, fear of putting myself in danger.

Fear of haters, fear of this, fear of that. Rather than thinking you need to get rid of that before you play big, my invitation to you is to deepen and flesh out and allow your dream to blossom in your heart. Because when your heart is ignited with that dream, it's going to create so much light in your world and so much energy in your world that you won't even be thinking about the fear anymore, even if it is still there.

And then when we do come to our edges, which we will, entrepreneurship is being at your growth edge. This isn't the same thing as hustle culture, by the way, guys, we're doing it in a sustainable way. We're balancing masculine and feminine energies. But entrepreneurship, this is why people say your business is your spiritual awakening, because as fears and insecurities do come up and get shown to you through the mirror of your business and obstacles that might arise, that's where we take leadership into our own hands, and we lead ourselves through downward spirals. Thoughts that don't serve us. Limiting beliefs, childhood traumas that are, you know, coming up and being triggered by a challenging communication with a client or a mentor.

We all experience stuff like this. We all have our tender spots poked. And that's why the most successful people have mentors, because we know we deserve support. And that's part of taking responsibility for the fears that we feel. Feel, rather than allowing them to stop us from playing big. So if your desire and your dream is bigger than your fear, you don't have to get rid of the fear.

And when it's calling for your healing and calling for your attention and there's something to grow through and something to shift and something to love within yourself, those fears and shadows naturally become integrated. And the grandness of your mission and your vision, thinking of all the

Oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

people out there who you're meant to help with your work, thinking of all the experiences that get unlocked when you receive a certain amount of money. Rather than just, yeah, I want this amount of money, but it's kind of empty and it's kind of like, well, what does that number really matter?

What matters is what that opens up for you. What options that creates in your life. If you've ever had the dream to send your mom \$10,000 or fly your parents out somewhere or finish payments on your mother's mortgage or something like that.

That's really what is beneath every desire. So my invitation to you, you can bring it to your journal, bring it to your visualizations, and whenever you forget, whenever you get caught in the ahh, I don't know... I know that you know what to do.

All of us have a part of us that knows. And for example, in 2021, I knew that my next step was starting a group program. And like I said, I have Chiron in my house of groups and I felt really afraid to start a group program. I can't even tell you how deep my fear was around it, even though at the time I was doing 48 to 52 private readings every month, I was so booked out, I was making multiple six figures just from a product of a reading and a membership. I had no evergreen things or group programs.

At that time that was quite, quite the feat, quite the feat. And I knew that my next step for scaling was group programs, but I kept putting it off and kept putting it off and I had to actually go into that. Face that fear, and take the action, because I knew what that was going to open up for me.

And I knew how my impact would multiply. And now that program, which is still running - Cosmic Success Codes - we do quarterly calls this year in 2023. It ended up being expanded multiple times. It's my signature astrology for business program, and that program now has over 85 members. And that's what scaling is, right? It's instead of 90 minutes with one client, it's 90 minutes of that similar amount of energy that I'm pouring out.

But it's impacting 85 people plus anyone who joins in the future. So allowing my business and my fear to mirror to me, not that I wasn't ready to do it, but to mirror to me what part of me was ready to heal.

oath Oracle

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

So it wasn't saying, Oh, you're afraid, that means you can't do this. It was saying, this is where more of your love and trust and courage is required. And because my vision for my business was bigger than my fears, I was able to move into it to open that program to launch. Which, I also had fears around launching, because I was experiencing really deep burnout and I had actually realized I was burnt out almost my entire life.

Times where I was working five jobs, and just even the effect of childhood complex PTSD on our system kind of burns us out as well. And I was even afraid of launching because I thought, well, am I going to be able to do this? I am already so tired right now. This was also something that came up in the call today. But because my vision was bigger than my fears, I broke the seal. And now I love leading group programs and I love launching.

And in 2022, I was like, we're doing four programs, four full on programs, and every single one was a delight and every single launch was a delight and it actually just gets more and more and more and more fun. So not only did the fear dissolve, but it didn't just dissolve because nothing just dissolves. It alchemized and transformed into pleasure, into inspiration, into empowerment.

And what gets us through those hard, confusing times where it's almost like, well, maybe I just shouldn't do it because I feel so uncomfortable feeling this fear. It's the grandness of the vision, it's the depth of the dream. It's the layers and details of the desire and everything that's going to open up for you. So whatever you, maybe something specific has come up for you as you've listened to this, maybe there is an aligned action or an inspired step that has come up as you're listening to this.

I love the term 'fortune favours the bold, fortune favours the brave', especially with, you know, as I'm recording this - listening to this in the future might not be the case, but as I'm recording this - we have Jupiter in Aries, the planet of abundance and opportunity in the divine warrior sign of courage. When you move forward, even when you're scared, you can't expect yourself to not be scared if you're doing something you've never done before.

Q a t h Q r a c l e

# SOUL LEGACY

WITH AYESHA DURRANI

TRANSCRIPT

But as you move forward, you gain mastery, you gain depth, you gain intimacy with yourself, and you also gain trust with yourself because you know that even in the fear, you have your own back. And there's a soul quest, a soul legacy, a mission with your work that is bigger than the fear in the moment. So I hope that this spontaneous transmission has been valuable for you.

I absolutely adore being able to just sit at my microphone and share these thoughts that are pouring forth. And I feel so inspired and grateful to be leading the spaces that I do and having the high level conversations that we have in those spaces and allowing some of that to overflow into my podcast. Like just so, so, so, so grateful.

And even this podcast is a part of those higher aspirations and higher dreams for me. So thank you so much for listening. I wish you an amazing day, night, wherever you are, and I'll catch you in the next episode