

THE
AQUARIAN AGE
BUSINESS

PODCAST

with

AYESHA
DURRANI

Episode 6

Welcome back loves to the Aquarian Age Business Podcast, the podcast where your sacred success feeds into the new earth collective timeline. I'm so excited about today's episode because I want to bring to you today the most overlooked and the least understood step in transformation and step in manifesting your dream life.

The part that no one wants to look at, the part that everyone overlooks and we all need these reminders to remember this very important key about the nature of transformation itself and that is so extremely necessary for creating the life of your dreams. Okay. And that is the death part of the death and rebirth process and to view and understand transforming your life into the life of your dreams as a form of death and rebirth and not a form simply of manifestation, okay?

Because we tend to think about creating the life of our dreams as about manifestation, especially more surface level manifestation, okay? What I mean by this is the surface level manifestation is I don't have this, so I want to go get it. And I think that me having that is what is going to transform my life. I think that me getting, I really don't like when people use the word get before the word clients.

Get clients, what do I have to say to get clients, what do I have to do to get clients, I want to go get me some clients. I really don't, I really don't resonate with that. It's like nails on a chalkboard. Sorry for saying it like 10 million times, but I actually am going to do a podcast episode about my pet peeves in the industry. So that's your little sneak peek about one of them is when people say the word get before the word clients. It's similar to saying like, just go get a husband or go get, you know, just, yeah.

That sort of thing, right? Of just like filling a void, right? It's, I wanna check this off a box. I wanna get 10k months. I wanna have this car. I wanna get this, I wanna get that. And listen, I love beautiful things, okay? If you're new to my world, welcome. I love beautiful things. I am surrounded by beautiful things all the time right now. I love beauty, I love beautiful things. I love

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

luxury, I love flying business class. I love traveling and staying at nice hotels and beautiful accommodation.

I love amazing meals. I love beautiful things, okay? But the thing is that looking at changing your life just from the manifest in order to attain stuff is not what will fulfill you at the deepest level. I believe that the real desire behind I wanna manifest this, I wanna manifest that, manifest this, that, and the other, I believe that the deeper desire is that we actually want to self-actualize our potential.

So it's not just, I want arbitrary amounts of money. I could make much more money than I'm making now if that was my top priority. But the thing is, I don't just want arbitrary amounts of money. I want the money that is destined for me and that is aligned with me as who I truly am deep inside. So what that means is the money that is destined for me as I walk my path and live in alignment and live in integrity and show up for my growth and learn from my mistakes.

Create things for my people, my soul constellation out there in the world, I want the money that is aligned to that. Not the money that comes from straining, not the money that comes from lack of attunement with myself, not the money that comes from performing online and being a little monkey, clapping my cymbals together like that little monkey cymbal toy. Not the money that comes from forcing content that truly doesn't feel right to me and jumping on trends just because of getting a certain result.

Not the money that comes from selling to demographics I don't really want to work with, which was one of my more recent breakthroughs that I shared in some of the previous episodes. I want the money that is aligned to me living my destiny. And that's kind of what this new era for me is about, new podcasts, new direction in my business, everything that I've been talking about in the recent episodes, it's about that. So we don't just want the arbitrary thing, just like I don't just want a husband, I want my soulmate. I want the king of my life. Like I want *the* person, not just A person to tick that box.

I don't just want arbitrarily to get this thing. That's not what we deeply want inside. It's more of a shallow desire. It's more of a short-term desire rather than the deeper desire of actual fulfillment, of actually feeling happy, of actually feeling the true expansive abundance of like, my God, I'm so on path. And I believe that's what we want much more than we want this external thing, that external thing, da, da, da, da, da, okay? And if what you really want,

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

(04:46) like me, if you're resonating with this where it's like, I want the fulfillment of my destiny. And I know that along with the fulfillment of my destiny comes things like abundance, very sacred abundance that feels so good to my soul. That's not about chasing and straining and grasping, but is actually about receiving, magnetizing, being creative, being in sacred exchange. I want the friendships. I don't just want as many friends as possible and to be popular. I want the friendships that come into my life through me being a pure expression of myself, through me being authentic, to me living in alignment with my truth and with my essence and my blueprint.

I want their romantic relationships, not just someone to keep my bed warm and make me feel less alone and do things with and check a box and have three kids by this age or whatever. I want the person, I want sacred union, I want divine union of someone who is a mirror of me and meets me in this place, shares my values for integrity and monogamy and the things that are important to me. Those are just my personal examples.

So if that's what we really want, which let's be real, that is what we really want. Take it from me and anyone who thought what they wanted was to make as much money as possible and then experience that and then realize, wow, I'm weirdly not happy right now. Like in the times that I was regularly making 70 and 80k months, those were times that I did not feel truly happy. And I was actually not in the right place for me in my life. And I was somewhat escaping into business.

So, and this isn't, you know, a tale as old as time, right? People reaching the certain goal that they were trying to manifest that was about attaining something they didn't have and realizing, wow, I don't feel that much better. And in some ways I feel worse. Right. And that's a really important thing to recognize, is that we don't just want to attain things that we don't have. The deeper desire is to live our truth and to live and experience our destiny, to wake up everyday feeling on path. And then by walking that path, by being on your path with both feet on your path, that is going to transform external things in your life. That is going to transform the environment that you're in, your friends,

(06:58) the abundance that you have around you, the health and thriving of the prosperity in your business, people connecting with you, work, like those external things actually naturally change and transform when you walk on your path. So it's not just about manifest to attain, go get clients, go get money, go get that, it is actually about the transformation journey, which is inherently a journey of death and rebirth, to become more of who you came here to become, to express your inner potential, to express your spiritual and creative gifts, to express your heart, and to see that reflected externally around you in your home, in your lifestyle, in your abundance, in your bank accounts, in your friendships and relationships, and in your house.

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

That's the transformation journey. It's not about attaining something you don't have. It's actually the death and rebirth to become more of who you came here to become. That's actually what it is about. And when you start to see the death and rebirth process as where the magic happens, rather than, what do I do to manifest this specific thing? Your life is going to drastically change.

If you want to drastically change your life, your experience of your business, the way you feel in your business with social media, with your relationships, with your body, with your health, whatever, if you want to change that, it's not about manifesting something you don't have. It is about a death and rebirth process. The death of old ways of being, old ways of carrying yourself, old ways of relating with others, old ways of relating with money.

old ways of identifying yourself like your self concept, old ways of the stories you made about your business, old ways of how you showed up in terms of serving clients or being performative or trying to chase something. All those old ways are aspects of self that need to be put down. They need to be let go. They need to be shed. They need to be transmuted. And then a rebirth that happens from you following your truth isn't something you need to micromanage and control.

A lot of the manifestation stuff is very **(09:00)** micromanaging life. Okay, who can relate with that? My south node is in Virgo, so I have micromanaging as some of my past life karmic things to resolve, so I'm always in deep contemplation about that. And as I'm recording this, the south node is in Virgo right now for the Collective and the north node is in Pisces. It's all about trust and surrender.

So that micromanaging: I should be different, I should have had more people sign up to this thing. I should have made more money. I should have been further along. I should have been married by now. All of these shoulds, are you micromanaging spirit and life and simultaneously not being grateful for what you have, right? And the thing is, if you wanna change something, it's not, I repeat for the 10 millionth time, it is not about attaining something you don't have. It is about a death and rebirth process.

Basically, it's time for this death and rebirth process. If you ever feel stuck, if you feel stagnant, if you feel like you're going through the motions in life, if you feel like you're on autopilot, if you feel like nothing's working out, if you feel like you're quote unquote trying everything, which anytime someone says that, I know for a fact there's a whole bunch of stuff they haven't tried. I know for a very much a fact, I will bet money, someone who says I've tried everything is hardcore

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

avoiding very important responsibilities and feeling certain things and addressing certain things in their lives internally and externally, I guarantee it.

But if you find yourself saying, I've tried everything and it's not working, I did everything and it's not, nah, I can pretty much guarantee you there is a death process that's part of the death and rebirth process that you are avoiding. I can guarantee you there's some sort of death. It's like you're a snake, the skin is trying to shed and you're like putting it back on yourself.

(11:12) So the death and rebirth process is actually the key to changing your life. And that's what we want more than we want to manifest these things on a list. And the crazy thing is that as you transform your life to be more in alignment with who you truly are, the guys, I don't know if you're aware, newsflash, the nature of existence is love. Love is the nature of existence. Beauty, love and abundance are inherent in existence, especially on planet earth.

Mother Gaia is like the queen of all of those things. We are nature. This is why we see the, what is it, the Fibonacci sequence and the golden ratio and all the incredible, when you look up at a tree, a branch and the leaves and it's just this crazy sacred geometry or a fern or a seashell or like there's beauty is the nature of life. Love is the nature of reality. The nature of existence is love. So you don't have to micromanage life to make sure good things will happen to you.

if what you actually prioritize, especially at the time, listen, if you're listening to this, it's the right time for you to receive this message, okay? But I'm recording this in Scorpio season right now. So this is a time of death and rebirth. This is why this is a priority at this moment.

Even if you're not listening to this in Scorpio season, there are, as life moves in a cyclical nature, there are times where it's not about what we pile on and, if only I had this, if only I had this, let me just have this, get this, get this. It's not about what we pile on, it's about what we let go of, what we shed and transmute that creates the life of our dreams, actually.

So for some examples, full moons, the dark moon before a new moon, certain retrogrades, certain Pluto transits, certain Saturn transits, even like there's a lot of different times throughout even one month where there's going to be, even when the moon is in Scorpio once a month, the moon is in Pisces. Pisces is also a sign of completion. Scorpio is a sign of death, Pisces is a sign of completion. So there's a lot of opportunities for this to be in alignment, even if you're not listening to this.

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

(13:13) in Scorpio season when I recorded it. This is an ongoing thing just like we have to go to the bathroom every day. It's the same thing. It's not just about, health is not just about, just put a bunch of supplements in your body and just eat healthy things all the time. It's also about what we get rid of if you know what I'm saying, talking about number twos on my podcast all of sudden. Embarrassing TMI, but that's okay. No shame because we all do it right. Even if we think of the cells in our bodies, cells that refuse to die, well that is a way of looking at cancer as cells. They're refusing to die, right?

So we need to, what we let go of is just as important, if not more important than what we try to manifest. Because if you can understand that the true nature of existence is love and beauty, if you can understand that you are part of the miraculous sacred geometry of nature, if you just more so focused at certain time, this time at certain times, whatever. I like my manifestation practices too, for sure. I teach that. I teach Moon Manifestation in my membership. But if you could understand that there are certain times where it's more about what you let go of than what you manifest, then what's going to happen when you have that new space is, okay,

If you made your priority becoming all that you are and living in alignment with your essence, and you knew that your essence was so incredibly beautiful and unique, and you just got rid of the things that are not that, because those things that you're holding onto that are not that, ways of being that are not truly in alignment with your values, actions, and thoughts and beliefs that are not actually in alignment with your true desires, ways of being that are harming yourself, like unhealthy relationship dynamics, unhealthy habits, da-da-da.

Ways that you're escaping facing the truth of yourself and how you feel, your emotions, not addressing things, da da. All of those things are compromising your vibration. All of those things are compromising your signal. All of those things are compromising your life and that's how people find themselves in lives where it's like, I feel like I'm living someone else's life. I feel like this is not me.

(15:23) Times that we've looked in the mirror and not recognize the person that we see in front of us, times that we look around and we're like, what am I doing? What am I doing at this job? Why am I living here? Why am I in this relationship? Who am I? I'm a shell of who I was. That happens because we're refusing to let go of the stuff that is not the truth of our assets. So it's not about getting the things that you don't have and manifesting and attaining and getting stuff.

It's about letting go of what is not aligned with your actual destiny timeline. When you are aligned with your destiny timeline, abundance and magic and the love and beauty and pleasure

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

and creativity and like incredible experiences and miracles are normal. You don't have to micromanage them. You don't have to grasp for them. You don't have to wish and wish and wish and wish for them and beg for them.

They just become normal because you are in alignment with your essence and your life begins to reflect that. Your life transforms to reflect the truth of your essence. This is why I almost always, definitely in my membership and also on Instagram quite a bit, I always almost make something about the dark moon. The dark moon is the moon phase right before the new moon. The new moon is a time of beginning new manifestation cycles, but the dark moon is the final ending of the past phase.

If we don't fully end the past phase and we bring that into the new cycle, the new cycle doesn't hold the same potential that it would have otherwise because we are bringing the past with us into the new. So some people think that manifestation doesn't work or like doing spiritual practice to change your life doesn't work. But what they're actually doing is they're using their creational powers to recreate the past because they have not finished the previous things they have not shed or let go. They have not let those parts and aspects of self and ways of being die. So they bring it into everything new.

That's why you can have the same relationship with different people. You date someone else and it's just the same person in a different face, in a different body, the same pattern again and again, because you did not actually address the thing that was yours to address, the thing that was yours to complete. You dragged it in with you into the new experience.

(17:36) So the way to live a life that feels truly quantum, like quantum leaps happen multiple times in your life, like the thing that felt like it couldn't change, changed like so, so beautifully and so incredibly, that is gonna happen when you are willing to fully die to the past, to actually let go of the past. The rebirth cannot happen when the death is only partly done. The death process, if it's just part way done, it's like you're carrying around the corpse of who you used to be and it's taking your energy. It robs you of your energetic resources. It robs you of your life force. It robs you of your time.

You have less energy for everything else. You have less creational power for everything else. You're not fresh in the now moment, in the new timeline like hello. I'm here. I'm here. I'm naked and I'm ready and just like what now? What's next? It's like you're bringing the seeds of the old. It's like if we think of the seeds that we plant. You know, I talk a lot about the business garden and the gardens of our lives and stuff like that. If you had this invasive species in your business

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

garden before, and it was taking over and it was compromising all the things you were trying to do. And then you're like, you know what? I just want a new garden plot. I want a new garden. This garden is messed up. I'm going to leave. I'm going to go get a new garden. But then on the bottom of your shoes and all over your clothes is all the seeds of that invasive species.

What you gotta do is you gotta shed those clothes, you gotta shed those shoes, you gotta burn them in the fire, you gotta take a big shower, you gotta really ask yourself, how did this happen? How did this invasive species, not to diss on invasive species, but obviously there are, I'm not, I use a lot of nature examples, like garden examples, but I'm not really a gardener. So like, pardon me if things that I'm saying are not like technical gardening things, but just, this is the example that this is the metaphor that's coming through.

So this is how we just keep creating the situation again and again and wondering why life is not changing or wondering why manifestation doesn't work. It's like, it does work. You're just manifesting the past again because you're bringing it with you into every new situation. So when I had a really short relationship with a narcissist who completely lied to me, gaslit me, presented a totally false mask and a totally false persona,

(19:48) that was basically crafted to be everything that he could tell that I wanted and then cheated on me and abused my trust in so many ways. I had to go really, really, really deep into that death process to allow the part of myself that was available for that. And by the way, I'm not victim blaming. I don't blame myself for the things that that person chose to do. But I don't have control over that person. What I do have control over is my own personal growth.

So when I went through that experience, I decided I made an inner decision that I would make this the best thing that ever happened to me. So this is not about victim blaming, this is about power. My power in any given moment is how I respond to it. So it was not about victim blaming, but it was about recognizing, well, I did let this person into my life. And there were red flags, and there were things I overlooked, and there were feelings in my body right when I very first met that person that I completely ignored, and the price that I paid for that was way steeper than I ever thought that it could possibly be.

So I knew that that level of pain would actually be the catalyst to me having a breakthrough on something that I could have gotten away with not addressing and facing within myself. Because going through a death process is extremely scary. You have to let go of identities, self-concepts, ways of being, ways of viewing things, ways of engaging with people, dynamics that we fall into, roles that we fall into. And when we have built our self-concept around those things, it literally

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

feels for the ego like it's life or death, and it will literally resist that like it's life or death. So sometimes we need these rock bottom moments or these levels of acute pain that will be so high that we no longer...

Like really, we do still have a choice, but it's like the pain is so high that it's enough to help us break through. The pain is so high that it ends up helping us catalyze and be like, I need this death now. I need to allow the parts of myself that found resonance in this person that wanted to believe these stories, even though there were so many holes and he was showing me again and again how he was not actually honest and I was allowing the da da da, all this stuff. I needed to allow that part of me to die.

(22:04) But I also needed to deeply understand that part of me too. It wasn't about like, what I'm saying is not about rejecting ourselves and saying there's something bad about that part of myself. It's actually about understanding the deep amount of pain that she was in and the way that she was really longing for love ultimately. So much that she was willing to be in a fantasy with someone even though it didn't actually feel right, right from the very start. And I basically gaslit myself about that. So that version of me that would gaslight myself.

That version, I was ready to shed and transmute that version. I was ready to liberate the energy that was caught up in those ways of being. And it's been, I'm truly like so, so, so, so, so much happier than I've ever been in my life right now because of doing that deeper healing. And that ended up having a ripple effect and domino effect into other areas of my life, into my business, into friendships, into the way I take care of myself, self-adornment, the way I carry myself in this world. And it's really interesting.

Just the magic and power of death and rebirth. Death and rebirth is more transformative than manifestation. Death and rebirth is more powerful than manifestation. And we can manifest along the way, absolutely, absolutely. But the real thing that we want is not, like, I want this, you know, I want to get this, I want to get that. The real thing that we want deep down is to be on our path. It is to be on our path.

Of course a part of me, a big part of me wants to be in union with my partner right now, with my true soulmate partner. But the thing is, I need to surrender to God's timing and Spirit's timing for my life. And who am I to say that I should have already been in that partnership now? Who am I to say that? I want to be on my path. And that's where I feel that I am, is that I am on my path. And if me forcing something to happen or being with someone that's like, yeah, they're willing to

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

be with me and I just want to partner. So, okay, that's me going off of my path. It's literally me veering away from my path.

(24:04) So if you are wanting that feeling of feeling like, maybe I don't have every single thing that I want on this list, but I feel like I'm on my path. My heart is ignited. My soul is ignited. I wake up every day knowing and feeling like I am living this life. I am really here. The bliss of that is more than what just attaining something on your list of shit your ego wants can ever give to you.

And when you rebirth from that, the way that I've rebirthed in my business, the way that I've rebirthed in passion for my work and passion for my life and presence in my life is worth millions and millions and millions of dollars to me. Like it is so profound and my level of like magnetism, happiness, the new clients that are coming through the new energy with the podcast, like it's fucking amazing. So that's why when clients and people come into programs and things like that. And say like, I've tried everything, it just keeps being the same, I'm stuck at a plateau.

What is the death that you are avoiding? What are you dragging around with you, even though it should have long ago been liberated? and let go. To let it go is to liberate the energy. To liberate the energy gives you more energy for creation. Creation's nature is love and beauty and abundance. So if you let go of everything that is not aligned with where you're heading, you don't have to micromanage getting all of the material things that you think are aligned with where you're heading.

You don't have to micromanage that part because it will naturally blossom like a flower. When you get rid of the weeds of the invasive species that you're bringing with you everywhere, you fucking go - and I say invasive because it's not true to your nature Your nature is not scarcity. Your true nature in essence is not scarcity, fear, doubt, ageism. "I'm gonna be with the wrong person just so I can be with someone" like all that. That's not who you really are. That's not who anyone really is.

(26:01) So when you let go of those invasive species and you let that burn in the purifying flames and you release the parts of yourself that were identified with those ways of being, those clothings, those ways of walking through the world, those ways of carrying yourself, those roles that you fell into, some of it by the way is nurture, like the way that we grew up. Some of it is also nature, like our own natural things and our karmas that we're bringing in from past lives.

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

Astrology can really help with this. Understanding your Chiron, understanding your south node. That's a great, really great. Pluto, Saturn, really great places to start with understanding the things that you're bringing into this life because there's our family stuff, but you could have a really healthy family upbringing, but have some really hardcore traumas that you're bringing in from past lives too. And that's going to be affecting it in some ways. And there is a death of a way of being. And those ways of being that need to die are the ways of being most of the time.

They're the ways of being that we erected and we put up out of self-defense and coping mechanisms for when we could not handle things, when things were too overwhelming, when we didn't have support, when we were neglected, when we were abused, when we were confused, when we were in pain. And some of that is past life karma and some of that is our childhood experience, childhood adverse experiences, as well as we can also have new traumas from adulthood, like cheating or betrayal, like that is also a form of a trauma, right? And so we react.

Before we even know it, we're not conscious that we're doing this, but we start putting up certain mechanisms, certain ways of being, certain roles that we fall into. Like the people pleaser, like the person who's really competitive and always winning, like the person who's always in the spotlight, like the person who's never in the spotlight and always, always giving, whatever that it is. Also addictions, right? Addictions are a huge part of that. For me to let go of different addictions, I had to let go of the version of myself. I had to let go of aspects of myself.

And in order to do that too, we also have to face things. We have to face and look at the things in our shadows. And that's actually where so much of our power lies, right? And once we, to let go of those things is not to push them away and reject that aspect of ourself. It's actually to liberate that aspect of ourself that in a way has been trapped in this certain role. Because the truth of that aspect of yourself is not the role. The truth of that aspect of yourself is most likely like a hurt inner child.

(28:17) A hurt inner child who's just trying to secure love and is just trying to survive. And this is the way that it learned to survive. So it's not that we're rejecting aspects of ourself, we're actually honoring and loving those aspects of ourself even more by liberating them, by letting them free, letting them go. Like you're free, butterfly. You can go now. And then we are also liberating all the energy that we had put toward those ways of being, upholding those aspects of self and those defense mechanisms and those addictions and those coping mechanisms.

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

If you get rid of the invasive species in this example, what will grow is not something you need to micromanage. Of course, we can then add our will to it, right? Just like gardeners, I can imagine, because I'm not a gardener, but you know, they're like, oh, this plant goes great next to this plant, and this will actually work so much better if I plant it at this time. That's where that manifestation comes in, where it's working in co-creation with nature. It's not forcing the way that manifestation is, like colonial capitalism, like parking lots, industrial factories, like just, you know, assert our will 100 % and dominate over nature, right?

So the real sacred manifestation is, okay, great. Now I've like, first and foremost, I'm not bringing all of my harmful ghosts and baggage with me everywhere I fucking go and recreating it no matter where I am. You can move to another country and have the exact same problems come up because you're just dragging it around with you. Trust me, I've been there. I've traveled all over the world in some of the hardest times in my life and my addictions followed me no matter where the fuck I was. So I'm speaking from experience. But if you let that, those parts of yourself die, if you let those parts of yourself go...

If you gain the lesson from those parts of yourself and then you liberate them and set them free, which is actually a high form of loving yourself and even loving those aspects. Then the conscious co-creation with nature where it's like, wow, it will be even better like this. It would be even better like this. It's not something that is this micromanaging, begging, grasping, desperation manifesting thing. It becomes recognizing yourself as a conscious creator.

(30:24) walking around on this planet, the planet that has its own consciousness, that has its own magnetic resonance, that has its own energetics and its own spirit, and walking around with all the other people in their free will and co-creating together. But the real key to changing your life is not about manifesting and attaining the things on your list and a 10K month and three new clients and a thousand followers. It's not about attaining those things. It's about allowing yourself to die to the past so that life can show you how much infinite possibility there is and how beautiful your destiny is.

You never have to like, what am I trying to say? Like you never have to force life to be good because your destiny path is beautiful. Your destiny path is so perfect for you. You cannot even comprehend how perfect that it is for you. Your own brain, if you were tasked to say what is the perfect life for you? Your actual destiny path is even more perfect than that. And it's already there. No one can walk it for you. It's waiting for you. But the thing is we go off that path with these things that I was talking about, with these aspects of self and ways of being that we need to let die. When you let that die, where you arrive at the next breath is on your destiny path. It

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

doesn't mean it's all fulfilled right in that moment, but you're actually on the path. As long as you're moving forward on that path, you're in the right place at the right time.

That's when miracles start becoming your normal.

Okay, so thank you for listening. This work is truly what has changed my life. And part of why I've given this so much exploration and contemplation is that my North node, which is the point of destiny is in my eighth house, which is the house of death and rebirth. And I've had to really have deep contemplation for all the time I've studied the nodes, which is like over 15 years.

(32:19) I've studied astrology for over 20 years, but I wasn't deep into the nodes for those first few years. I've really had to ask myself what that means for me. And then when it came to like starting my business and going from never having any career prospects, literally, except for just working as a bartender, working as a barista and not seeing any type of professional future for myself to literally within months, having my first \$18,000 month doing my passion, doing what I loved and receiving that recognition. That was me.

That was me in a death and rebirth process. And it was actually in my eighth house perfection year, by the way, which has to do with our solar returns. That's like another topic for another thing. But astrologically speaking, there was a lot of death and rebirth energies on my chart that year. And I knew that it's not, me being successful in business wasn't about me attaining this, that, and the other. It was about me having a death and rebirth process of the version of myself that was not successful, the version of myself that was addicted to the struggle, the version of myself that was always broke, the version of myself that was always worried about money.

That version of myself had to die, the version of myself that didn't have confidence that I could do something powerful or magical or impactful. That version of me had to die. And this version of me was born. And I hope that one day this version of me will die and the version of me that's a wife and mother will be born. And I don't mean my business will die. I see myself having my work for my entire life because I just love to do what I do. But along the way, there will be other versions that die in our rebirths. And even within this business, I've had multiple deaths and rebirths. So there's a feeling that starts to rise up when it's time.

Actually the episode's not over yet because there's a feeling that rises up when it's time for a death and rebirth and you need to get very familiar with that frequency and with that feeling. You need to understand. Remember what that's felt like in other times when you were in the wrong

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

relationship and you kept talking yourself into staying. That was one of the first things I learned this with was like,

(34:16) I would always talk myself into staying when I didn't want to stay and made it something that was wrong with me. There was something bad about me that I wanted to leave because here was this person that wanted to love me and I said that all I wanted was love. And that, you know, once again, it came back to my Chiron in Cancer. I had abandonment issues and I would say, well, if all I want is love and someone to stay with me and here's this person, like, why am I thinking about leaving them? What's wrong with me? But actually they weren't the right people. But because I was afraid to be alone, I was trying to talk myself out of that. Like eventually I would always have to leave, right?

And then it would be so much worse because I didn't do it earlier. So then I started to understand what that felt like when it comes to business. It's when we start feeling really disconnected from what we're doing. If we feel like we're on autopilot in any way, if we feel like we're doing things because it's what other people want us to do, if we're just feeling like we're not connected.

We can tell ourselves, you know, I've been in business for a few years. So of course it doesn't feel like, you know, the honeymoon phase is over. All relationships take work. It's not that that's not true, but it's that that can be used as an excuse to stay in the wrong place or to stay in the wrong job or to stay doing things that no longer have a sense of connection or fulfillment for you. And you are willing to settle for a life that is less than fulfillment. You are willing to settle. Not that it should be perfect fulfillment all the time, but you're obviously willing to settle for things that give some sort of illusion of security instead of actually living a life that feels actually right to your soul.

It's not about being perfect all the time and running when it's not, but it is about recognizing mediocrity is normalized in our world. And most likely, I mean, I don't think anyone is meant for a life of mediocrity. I believe every single person's destiny is incredibly majestic and so magical and so perfect for them that only God who can peer into your heart and know your soul that deeply could create it with you. Like that's what I believe.

And so if you believe that too, don't hold yourself to a double standard where that doesn't apply to you, but it does to everyone else, because that's not true. People have said to me, you're so lucky, and I'm like, I guess. But at the same time, I grew up with so much trauma. I grew up with abuse, addiction around me, poverty, going to the food bank with my mom. I dropped out of high

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

school at age 15. I don't even know what algebra is. Y'all I literally like people joke about algebra and calculus, bro. When you drop out at 15, I don't even know what the fuck that is. Like I do not know. I don't know.

(36:30) So it's like, am I lucky? I had to fend for myself at age 15. When my niece was 15, I imagined her living alone in the city without, I was like, what the fuck? Like that was scary. I was in dangerous situations a lot. And I am very lucky that I had obviously spiritual protection and stuff like that. But at the same time, it's funny how people can look at someone who has created amazing things or lives a life that they admire that inspires them and think that it's because that person has something they don't have.

When really it's about you as an individual letting yourself die, letting the aspects of yourself to think you don't deserve better, that think you don't have an amazing destiny, that think, a great destiny, a great life is meant for other people and not you. That's a you thing. That's something you need to address and you need to allow that part of yourself to die because so much of that is just matrix conditioning to keep us small, living lives of mediocrity. So we make better cogs in the machine. That's really what it is.

That's why they wanna talk you out of having a business. They wanna show non-stop cheating and betrayal on all the TV and movies when it comes to relationships that's there's so much I could just go on and on but yeah so this is a time of death and rebirth it's not about attaining this, that and the other, and manifesting. Because your actual destiny timeline is so fucking miraculous, you could not micromanage it to be that way. You could not write it better than how spirit has planned for you.

So what you need to focus on more is dying to all the things that are not that, allowing the parts of you that don't believe in that, that are acting in counter to you living in alignment, that are doing harm to you in any way, letting those parts of yourself die, letting go of those parts of yourself and also the things in your life, like certain parts, things in business, certain relationships or in jobs, whatever, that are so not in alignment with where you're heading.

Because they're almost like these anchors and these weights that are weighing you down so that they're preventing you from really being on your path. But when you let go of those things, you will be on your path without having to micromanage and obsessively manifest. So if this conversation has activated something in your soul, this is exactly what we were doing in my new live program, Phoenix Rising.

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

This is the first live program I am running **(38:42)** since the rebirth within my business, since the new era of Aquarian Age business. So I am so, so incredibly excited. This has been brewing behind the scenes inside of me for like half of this year. There is going to be alchemical work that is done in this program. There is going to be channeled transmissions. There are going to be activations and meditations, energy work, and it's going to be taking place in the dark moon, the week of the new moon in Scorpio and the last day will be the new moon in Scorpio.

It is so fully aligned with the cosmos supporting you in this time right now supporting you to let all parts of yourself that are not aligned with where you are actually meant to be, where you are actually meant to be headed, your true destiny and purpose path and letting those things. Finally. Go. So you can liberate that energy and transmute and alchemize that energy into pure energy for new creation on your path.

And then instead of you micromanaging and obsessively manifesting, you get to be surprised and delighted by everything that comes into your life, into the new space that you just liberated. I love that the end of the program, the final day, is the new moon in Scorpio and we will do a full on moon manifestation session on that day. There's four calls. It's four days in a row. The first three are the modules, you could say, but there's also, they're also like activations.

We're doing energy work. And then the fourth day is a full on moon session. So some of you guys actually, like over a thousand of you have experienced moon sessions with me before. It is a full on new moon in Scorpio session for the new moon to begin the new manifestation process. So we end it with the new beginning. But those first three days, we have three different themes. Power. Eros as in erotic life force energy and being turned on by your life and having that Eros life force energy liberated and pulsing through your body, keeping your cells and your skin and your being just so vibrant, feeling so connected to what you're doing. And then the final day is money or wealth. So power, Eros and wealth. And then we go into the new moon in Scorpio. This is an incredibly transformational experience.

(40:58) This is all about liberating your deepest, deepest power. And there's a reason why so many of us are feeling called into death and rebirth right now. And it's because of how we are accelerating toward new earth. So what worked for you in the past is probably not working right now, whether it's in business or in relationships, whatever. Things that used to work no longer work. Things that used to make you feel fulfilled or motivated no longer do.

And I'm not saying everything, you don't have to resonate with that in every area of your life, but I see this for the collective because I see it in the field. I feel it in the field and I see it in the

THE
AQUARIAN AGE
BUSINESS
PODCAST
with
AYESHA
DURRANI

astrology. So that's why this program is timed with the most impactful astrology for us all to get the best results from doing this work. Like it's literally written in the stars for us to do this work at this time. And we're going to go into the most taboo topics of power, Eros and money. And then we're going to end with the new moon in Scorpio moon manifestation session or masterclass.

I am so, so, so incredibly excited to be leading this. And this is also a new era of more accessible pricing in my programs. That's one of the reasons and one of the directions I'm heading into with Aquarian Age Business is impacting more people and offering lower price points and more accessibility with my programs.

I'm so proud to offer this, bring Phoenix Rising and to serve the people who feel called to enter into my world, to be part of this alchemical experience, to join the group energetic field, to be working in precise alignment with the best astrology for this transformation... and to understand that you changing your life and fulfilling your potential and your destiny, it's not about manifesting this, that and the other, it's about allowing the death and rebirth that was always destined for you at this time. That's why something has felt off.

If something has felt off, it's because a death and rebirth is trying to happen and you're resisting. And it's natural that we resist because it feels scary because it is life and death to certain aspects of ourselves and ways of being. Those parts are scared. But everything, there's a piece of art that I have in my bedroom. It's like the first thing I see when I wake up, it says, everything you've ever wanted is on the other side of fear. So this is the time to tap into that energy.

(43:12) This is the time to tap into the medicine of the Black Jaguar and to move through the darkness without fear, or to feel the fear and do it anyway. So I'm so excited to lead Phoenix Rising. I hope to see you there. The link and all the information for you to explore is in the show notes. And whether you join us or not, I hope that you are inspired to allow the death and rebirth process that is trying to happen. And that's one of the greatest gifts that you could give to yourself.

Thank you so much for listening. Thank you guys for your ratings, for your reviews. Thank you for sharing on your stories. Always tag me on at oath.oracle on Instagram if you ever share it because I love to share it back. I love to read what you say and yeah I just so appreciate all the support for the podcast and I wish you the very very best. I'll see you in the next episode.