

T H E
AQUARIAN AGE
BUSINESS

P O D C A S T

with

AYESHA
DURRANI

Episode 8

Welcome back to the Aquarian Age Business Podcast. I want to share something special with you guys today, something I've never shared on here before. This is a meditation track called Abundance, and this is a very special track to me. It holds so much meaning to me because I actually created an album of meditations this year with a super talented musician and music producer. There is a beautiful story behind this album.

The album itself is called Divine Timeline. This track is Abundance. So this piece was fully, fully, fully channeled. Not only was the transmission that I'm speaking channeled, but the music was improvised on the spot as well in studio. So unlike other meditations that I've created that I have in my digital product suite where I'm recording, you know, in my home office and we're putting it to a track.

This is actually 100 % original music that was improvised and channeled as well at the exact same time in studio. So this is on a whole other level than other meditations that I've created. yeah, it's a really special manifestation of a vision that Frase and I had. Frase is a super talented music producer from Montreal, who's now based in British Columbia. And when I moved to Montreal, right before he moved away,

We got to connect and record this in studio over the series of sessions that we did together. And every single track was just channeled in one go with the music freestyled at the same time. It was an incredible, incredible experience when a Pisces moon works with a Pisces sun. And it all came from invitation too. You guys know I'm a projector. I live my life by invitation. And I had actually invited Frase and his partner, Emily.

to join a meditation that I was doing. I think it was like a newer Full Moon in Pisces because I knew he was a Pisces. And I invited them and he ended up inviting me to create this album together. So it's really, really special to us. This is the first time sharing it in a way that you can listen on Spotify. And I really want to invite you to drop in. This is a meditation. It's a little

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different. It's not fully just meant like you're sitting in meditation because the music is so activating. The music is so alive. The music is so like, it gives me goosebumps. And we both just had goosebumps the entire time creating this

So you can also have it on when you wake up in the morning and you're doing your morning, your morning things, you're brushing your teeth, you're cooking in the kitchen, you're driving, like it's really meant to be on so that while you're living your life, because the music is very activating, it might even make you want to move your body. So it's really meant to be with you throughout the day, whenever you want. And knowing that your body is open to receiving these messages. Even when you're not just sitting in meditation, because I personally, the music is just, makes me want to move, right?

So it's kind of nice when you're doing stuff around the house or you're out for a walk, or even if you're working out can be really powerful to move your body and receive these abundance codes. If you resonate with this track, there is a link in the show notes to the full album. And this album, like I said, such a special period of time showing up in the studio.

The only time I've ever recorded meditations with someone else in the room and they are improvising and creating and channeling the music while I am channeling the words. And I had no script. We didn't even know what the themes of the meditations would be until minutes before recording. I mean, obviously we had some ideas, but we very much came together and let the magic of the moment flow through both of us.

It's so special to me and I'm really happy to be able to share this with my podcast listeners. You can come back to this recording, you could listen to it every day for a week or every day for a couple of weeks and just notice how your wealth energetics shift. Notice how you feel and become more magnetic and more receptive to the abundance that is all around you. So have fun, enjoy, and let me know how this meditation lands for you.

[PURCHASE THE FULL ALBUM HERE.](#)

And that is the Abundance Meditation. Thank you so much for tuning in. And if you would like to purchase the entire Divine Timeline album to be able to have every track, to be able to download it to your phone and not need to be online to listen to it, the link to that, to the bandcamp of the album Divine Timeline is in the show notes.

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I'd love to hear how this landed for you, how this resonated with you. And if you do listen to it for the next seven days, the next 14 days, the next 30 days, choose a period of time to keep coming back to it so that the shifts can really land deep within. And I want you to message me and let me know about any shifts and manifestations that come through. Thank you so much for listening and we'll see you in the next episode.