THE

AQUARIAN AGE BUSINESS

PODCAST

with

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Episode 10

Welcome back to another episode of Aquarian Age Business. I want to get into some astrology for business goodness in here. Today, let's talk about how to work with the full moon for success in business, for increasing your impact, for expanding your income, your magnetism, just feeling more on path, more on purpose, and continuing to be on the growth edge for yourself in your business path.

Full moons are times of completion. They are times of peak intensity. It's the moment that the sun is exactly opposite of the moon and the moon is at 100 % illumination, reflecting as much as it possibly can of the light of the sun. Full moons are naturally times of tension because in opposition, an exact opposite, is a very tense and confronting aspect between two planets, or in this case, they're the luminaries in astrology.

So you'll probably notice that times of full moons are times of increased emotional irritability, intensity, tension, and it's not just our inner emotional experience, it's actually our external reality as well. Confrontations can happen, intensity just out in the world, global events and things in our personal lives, people being perhaps more triggered.

And be more reactive because the influence of the full moon is impacting everyone and not everyone understands that it is the full moon or that is influencing how they're feeling. A lot of people are not so attuned to the truth of their emotions and sometimes we can believe our thoughts and emotions that are actually based in fear, which means it's not based in truth. So it can be a bit of a hectic time around every full moon.

But for us entrepreneurs, for us spiritual CEOs who are doing the soul business work, the full moon is such an incredible opportunity every single month because it is how we refresh and reset and turn over old energies so that we can actually open up to the new. And our journey, not just as entrepreneurs, but as humans on a spiral path of evolution, our journey is not just about gaining and attaining things.



Success in business is not just about gaining and attaining things. It's not just about gaining clients, gaining followers, gaining revenue. That's not actually all that is to the picture of the journey of sacred success. It's equally about what we let go of. It's not just about stacking everything on top of everything else. It is about letting go of what is not aligned moving forward.

That is actually such an important key to manifestation, such an important key to self-actualization. It's such an important key to manifesting the life of your dreams Manifestation is not just about gaining and attaining things If we're thinking about changing our lives It's not just put all this extra money and put this person in my life and put this accolade or this Achievement in my life and it's all going to be great. No, it's equally just as important equally important to let go of what is not aligned with the life of your dreams if you want to align to the highest timelines of success.

It's equally, I cannot stress it enough, I know I'm saying it a lot but it's because this is the part so many people do not see people, are so have their tunnel vision They have their vision like a tunnel vision focused on what they don't have thinking that having that thing will change who you be. But it's actually not about that.

And that's why we see lottery winners, such a cliche example, but lottery winners going bankrupt within a few years, because it wasn't just the addition of money that was going to change their lives. It was also meant to be the shedding of everything that wasn't aligned with their truth, not aligned with their true vision for the future, et cetera. So the full moon is our monthly shedding. Now, women who menstruate and that are connected with their cycles,

Y'all know this, right? Like, we know this. It took me a while to learn it, right? It wasn't until my 30s that I really was like, wow, like, this is such a sacred time. I'm letting go of these energies, both physically, spiritually, emotionally. Like, it's this deep, profound cleanse that women who menstruate experience every month. And of course, our society doesn't teach us that, right? So we usually started off having a lot of like, well, I'll speak for myself, you know, I had a lot of resistance to menstruation. I know a lot of women just wish that they just wouldn't menstruate.

Now I'm at the place where I love that part of my cycle so very much. It connects me to this deep well of power and rawness and I build my business around it so I don't have too much obligation. So anyway, let me know if you want an episode about that. I'm not like a menstrual cycle expert, but I definitely have learned a lot in terms of business and alignment with my cycle. Let me know, hit me up on DM or email if you want to hear an episode about that.



But this is all to say women who menstruate who have connected to that part of the cycle as a very profound and important thing that we wouldn't give up even I mean, we do have the choice to give it up, right? I could take hormonal birth control every single day and not and not have a menstruation So we do have the choice to give it up and I choose not to give it up I love to have that because it is this deep profound cleanse that really shifts everything and it really helps to turn over the energies which creates new possibilities.

So that all that is to say is that the full moon is energetically and cosmically is that for us, for everyone. You might hear my cat in the background. She's a little extra wily now that the snow has started here in Montreal and she can't spend as much time on the balcony. So pardon me if you hear her in the background. I don't know if the mic is picking it up, but that's just Namaari being, moving into her winter transition. It's all about the cycles and seasons, right? We have four seasons in a year and within one month.

We also have four seasons in the sense of the moon phases and also in the sense of our menstrual cycle. So there's a few different cycles that we can tune in. Right now we're talking about the moon cycles, but we can learn wisdom from reflecting on the other types of cycles as well. So the full moon on an energetic level, on a celestial level, on a spiritual level is that cleanse. It is that letting go. It is that shedding. And that shedding is just as important for the future of your business, for aligning to the highest timelines as what you want to gain.

What you let go of is just as important as what you want to gain. Because you can gain all the clients that you want, but if you haven't let go of people pleasing, that's going to be really painful when you have all those extra clients. You can gain all the money that you want, but if you haven't let go of your money blocks and associations with money as something evil and negative, that's going to create a lot of complexity for you, and you're probably going to manifest some big challenges to do with that.

If you gain all of the followers that you want, but you haven't let go of fears around being seen or the need to be understood and liked by everyone, your first hater is going to be absolutely devastating to you. So the life of our dreams is not just about attaining what we perceive that we lack. It is about letting go of what is not aligned with that true higher vision. So let's get into some practical how to work with the full moon for business. This is such a great astrology for business topic.

For those who haven't been following me on Instagram, know, Astrology for Business really is the whole foundation and the whole core of my business. Aquarium Age Business episodes for



the podcast, don't always, for the most part, don't base it off astrology because I really like to have the business conversations in here and I like for the episodes to be very timeless, you know? So that's why it has a slight different focus, but I know some people found me from the podcast first. So just in case you didn't know, Astrology for Business is my core.

This is what I came into my business with right from the very start. This is what I really became known for as well. And my signature program where I teach this is one of the core, core, offerings in my entire career. So I love astrology for business and I feel like this is a great topic for the podcast because I'm going to teach you how to work with it in any sign. Okay. So I'm actually filming this on the day of the full moon in Gemini. So we're going to use a couple of examples, but I'm going to teach you how to work with the full moon for business across different signs. Okay.

So the first thing that you wanna understand is that full moons are times of completions and endings. It's times of letting go, it's times of shedding what's not aligned. And shedding what's not aligned is just as great of an opportunity as manifesting something new that you want. It's not just about gaining what we want, it's about letting go of what's not aligned with our highest actualization, right? So it's this opportunity where the garbage man is coming to pick up the trash that you're ready to let go of, not to call.

necessarily emotional energies trash, but you know, it's an opportunity where we're gaining extra cosmic and celestial support to let go of that baggage and for it to actually be cleansed and cleared. And that creates space for the things that we do say that we want, right? Another part of it is that it illuminates the shadow because the moon represents emotions and intuition and the subconscious and the sun's full illumination at the time of the full moon, the moon is reflecting 100 % that it can possibly like max capacity of the light that it can reflect from the sun.

So that means that light comes onto the shadows. so paying attention to our triggers around the time of the full moon, if you are someone whose devotion is to self mastery, to self actualization, to blossoming into your potential, your triggers are your teachers. So notice and pay attention and understand noticing and observing triggers because they're being illuminated by the light because the sun is the light of consciousness. So that

being in full illumination to the moon, which is the subconscious, will illuminate a lot of triggers. Where people go wrong with this is they're very tunnel visioned. They take everything personally, they internalize everything, and they believe what their thoughts are telling them. They believe their fears. A lot of our thoughts that go through our mind can be based in fear,



especially if we're tired, triggered, more sensitive, more tender. And we need to actually have a standard with ourselves that we don't believe all our thoughts, especially in times where we are extra vulnerable, tender, and triggered.

And instead observe them and look at them and say, that's interesting. That's interesting that this is coming up right now. It's the full moon. Something's coming up to be released. So every full moon offers us an opportunity to purge on a very profound level. And when we purge that energy, it's able to be repurposed. It's able to be recycled. It's able to be reclaimed by source and purified. And then we can actually start directing that energy toward our new creation.

For lot of people that feel like manifestation doesn't work, I have another episode about this too, by the way, a few episodes back, a lot of times it's because they have so much of their energy bound up in their energetic storage unit, where they keep their baggage that they're unwilling to let go of, where they don't know that they can let go of it. And that's tying up a lot of their energy. They feel tired, they feel drained, and they don't have neither the space to receive what they want nor the life force energy to actually create that. Because it's all kind of bound up with their past baggage.

So that's why letting go is just as important as attaining and gaining what we want. Okay, so then another step of getting more precise with the astrology is it's about the sign that the full moon is in. Okay, so there are 12 signs in the zodiac in the Western tropical astrology. That's what I use, by the way. There are 12 signs and each of everything in life is ruled under a sign. Everything, everything, everything. So

Each different full moon, there's 12, sometimes 13 full moons within a year, and each different one is expressing in a different realm of the zodiac sign. So it is highlighting a different theme. I am recording this during the or a few hours before the full moon in Gemini. And Gemini is a sign of communication. It's a sign of the mind. It's a sign of perception. It's a sign of curiosity.

And to have a clearing here, I just did a big 30 minute deep dive for my members in the Star Stream membership where I was giving them all the prompts on clearing their pathways of expression because a clearing so full moon equals clearing purging cleansing okay and what sign is it in in this case it's Gemini which is communication and perception so it's a clearing on the perception level it's a clearing of if we're perceiving things in ways that are helping us or not if our belief systems actually support what we want to experience or not.



If we're allowing our message and transmission to come through in a clear and pure way through our expression pathways, or if there's all of these distortions, interference and fears that are holding that back from coming out, or when it comes out, it's all janky and distorted. That is what this full moon is giving us the opportunity to clear. So when you're working with full moons on the signs, you want to understand the keywords of the 12 signs so that you can see, this is what it's helping the collective to clear.

So I have a free download with all the 12 signs, all the 12 houses. We're gonna talk about houses next. Angles, some asteroids are in there. It's an awesome resource that over 11,000 people have downloaded. So the link for that is in the show notes. And that's gonna be a great resource to help you put this together because yes, I'm recording this at the Gemini Full Moon. Some of you guys will hear it now, but that's not what this podcast is about. It's about teaching you how to work with all the Full Moons, okay?

So if a full moon's an Aries, the key words of Aries, confidence, assertiveness, taking initiative, the divine masculine inspired action. So a clearing or ending in that sign will help you clear blocks to the highest expression of that energy. So if you've been procrastinating, if you've been holding back, if you haven't been speaking up for yourself, if you've been kind of abandoning your path because you're not taking action.

A full moon in Aries would help you clear whatever is stopping you from doing that. And it can also clear distortions in the other direction too, because we can be overactive or underactive when something's not in alignment. So it can clear being competitive or forceful or dominating. It can also help with that. So we want to understand the energies of the 12 signs. And if you download the guide, it has them all written there.

A full moon in Taurus that has to do with self-worth, embodiment, and financial stability. So clearing in that area would clear any distortions, wounds, emotional energies that are blocking you from really landing in your self-worth, being fully embodied in the temple and palace of your body, and opening to creating your richness, your financial stability, and the luxurious lifestyle that you desire. I'll name one more because I did a lot of early in the zodiac signs, so let's throw Pisces in there.

A full moon in Pisces is going to help you clear around the Piscean themes, which is trust in spirit, surrender to higher power, surrendering to your path, your psychic gifts, forgiveness and compassion. So a full moon there would help us release so much emotional energies because Pisces is a water sign. So much emotional energies can be cleared when there's a full moon



and a water sign and it can open up this, the unconditional love and compassion that is the nature of the universe and our psychic gifts. It can really help us open up our psychic gifts.

So every full moon offers different opportunities and the first layer of it is the sign that it's in. So download the free astrology guide and that gives the keywords for all of the different 12 signs and then you put it together as the full moon equals cleansing and releasing of that energy, shedding that energy, transmuting that energy. So you're not calling in the new with the full moon, that's something you do at the new moon. The full moon is about what am I letting go of here, okay?

So then the next level of working with the full moon for business is understanding what house that it's activating on your birth chart. So this is a deeper level, but I know a lot of people that listen to me are doing this kind of work with astrology and a lot of people aren't and that's okay. I was studying astrology for years before I ever was working with houses, but now, you know, it's so many more people are understanding and appreciating astrology. So it's becoming more common. So when you look at your birth chart,

There are 12 houses on your birth chart and there are 360 degrees of what is the zodiac through the 12 signs and each sign has 30 degrees in it. So when you are looking at your zodiac sign, birth chart, sorry, your birth chart on your zodiac sign, there is a specific degree where the full moon is happening. So this full moon that I'm recording on, it's at 13 degrees of Gemini.

So you would go onto your birth chart and you would find 13 degrees of Gemini. The symbols of all the 12 signs are on the astrology guide. How to look up your birth chart is on the free astrology guide, by the way. So when you locate that exact degree, because the full moon or a new moon, it's always at one specific degree, okay? It's at a very precise point. You would locate that degree and then you would look at what house that lands in on your birth chart out of the 12 houses. Your chart is divided into 12 houses.

So whatever house that that full moon is landing in, that's where you personally, so we talked first about collective themes, overall themes. Where, you know, a full moon in, let's use another example, a full moon in Capricorn. Capricorn is a sign of success, achievement, legacy. That's gonna be the theme for the entire collective. That's a theme to tune in on. That's a great opportunity for you. But where it's more personal to you is the house that it's in on your chart. So out of all the people you know,



Everyone could have the house in a different, sorry, everyone could have the full moon in different houses, right? So you and your best friend or you and your romantic partner, you don't necessarily have that same energy and that same opportunity in the same area of life. So this is where it gets very personal. This is like the secret sauce of a lot of the work that I do with clients. That's why they're getting way better results than just doing more basic sort of moon work is making it personal to the house that it lands in on your chart. So the houses represent areas of life.

So if I have it in Pisces, then, it is like spirituality, trust, faith, surrender, but then it's in my second house of money and financial security and savings and assets, then that's going to be a clearing that is both spiritual, but also very financial for me specifically. If I have it and it's the full moon in, I'm going to try and use another example in Virgo.

Which is about health and wellness and routines. A full moon there is an amazing time to end a habit, quit smoking. Like it's a really, really great time to let go of a healthy unhealthy habit. But if that's in my 11th house of groups and community and group client work and memberships and group programs and friendships and the internet and the collective and humanitarianism, that's going to offer me a very specific opportunity for me to let go of things that are preventing me from showing up in community the way that I want to.

This is where you take it to that next personal level that most people are not doing. This is part of how I've literally changed the fabric of my reality through working with Astrology for Business. At the new moon, I manifest in accordance with this. At the full moon, I let go in accordance with this. And I'm making very big decisions in life and very big moves in my life in alignment with this.

I know that's a lot, especially to transmit in a podcast episode. So that's why I really recommend you download the free astrology guide that has the keywords for all 12 houses, shows you how to look up your chart, shows you what the symbols look like of the different signs, keywords for all the 12 signs as well. And that's going to help you take this to the next level.

Because when so many people are feeling, one, they're unconscious that all these extra emotional triggers and how tender or how irritable that they might feel around the full moon. They're not understanding that there's this cosmic influence and they start spiraling in that energy and then it's like, my scarcity is activated so I'm gonna be reactionary and I'm gonna push myself to do this stuff. I should launch something when actually it's a time of ending rather



than a time of launching for the most part when it comes to business strategy. They're missing the opportunity because they're reacting to the trigger because they're believing their triggers.

Whereas when you can be in the seat of the observer, this is what it means really to be in the self mastery path. Part of it is to be in the seat of the observer and to see, wow, this trigger is coming up around us and actually not need to react to it, but to respond to it and to see the bigger picture that it's indicating where there's something that's coming up for healing and release. And then when you see this, themes of this are about communication. Where am I censoring myself? Where do I have words unspoken?

Where am I still afraid to be misunderstood so I'm not sharing my truth? Then when you see what area on your chart that that's impacting, maybe it's the house of one-to-one relationships, marriage, partnership, and private clients. And it's like, wow, damn, there's something that needs to be said here. I need to stop holding myself back in this area. So it's able to reflect exactly where the greatest opportunity lies, exactly where the greatest transformation is. And on the other side of that, you are transformed. You're refreshed. And this is where we stay.

People ask me, How do I stay consistent in business? like, I almost don't know how to answer that question because it's like, how do I not? When you're really on this path, when you're really on the bleeding edge of your own self actualization, when you're really committed to sharing your work, the thoughts of consistency don't go through my mind because I'm just here. I'm just living it. And part of it is allowing the debts and rebirths so energy is not stagnating.

When you feel tired and energy is not flowing, pretty much can guarantee something is stagnating. There's something, some unprocessed baggage and your energy is bound up in keeping that baggage contained instead of actually just giving it back to source and letting it go and having the space and room. And then, you know what fills that space? Your next million dollar idea, an amazing content piece that's gonna really solidify you as a leader for the people that are meant to see you, the next inspiration for a new direction that you're taking that you feel excited about.

If you're really struggling to show up for your business, like maybe you're just not doing the stuff that excites you. Cause for me, I am, I go to bed looking forward to waking up and I already kind of know what I want to do the next day because I'm in inspiration. And part of that has been being part of, I was talking to someone the other day and I was describing my business and I was saying that it feels so alive. And part of that is allowing the death and rebirths to happen.



Because when we're clinging on to what was and we're refusing to let go, it doesn't feel as alive. There's literally less life force energy. There's more stagnation. So it's so important and so such a beautiful experience to go through that as an entrepreneur and reflect how is that showing up in my business? Where am I holding this back in my content? Where am I not doing the offers that I really want to do? Where am I still in a performance? Where are these things indicating to me my own limiting beliefs?

If we think we can't fully say what we really want to say, if we want to have clients, that's indicative that you believe you can't bring in your clients by being who you are, by being fully who you are. But the crazy thing is that it's your authentic signal that actually attracts the clients that truly see you. So when you're not operating from that way and you're instead operating from, I can't be my full self or say what I fully want.

Because I'm not gonna attract my clients, you're actually creating the experience where potential clients are gonna constantly say no to you because they were being called in by an inauthentic signal to begin with. So you're not gonna have as much of that sole client experience. It doesn't mean you can't have them. Because I think people, even with romantic soulmates, can unite with their soulmate when they're not necessarily living in their full alignment. I don't think you have to be perfect, obviously.

That's another thing, letting go of perfectionism, right? The Full moon in Virgo is very good for that. A full moon in your sixth house is very good for that. So the beauty of all of this is that the cosmos are a mirror of our own evolution. And the way that it impacts our birth chart is a mirror that's literally showing us and telling us an instruction. So many people are just like, I wish I just had the map. This is the map. This is a map. And learning to work with this has literally changed the fabric of my reality. Things that I've written for my new moon manifestations have manifested exactly how that I've written them.

So if you are someone who one resonates with my way of expressing and teaching and you feel activated and you feel like there's an understanding that's happening, two, if you want to learn astrology for business and reading astrology, actually being able to read the charts, getting in like super nerd, super nerd style, I am going to be opening the doors to Cosmic Legacy, my signature astrology for business mastery program.

It is a deep, deep, deep program that is the full, full opus of everything I've ever taught, plus everything I will teach in the time that you're in the container on astrology for business. This is not for everyone. This is not for everyone because we go very deep in this container. We are



looking at charts. We are doing technical work. We are talking about angles and there's a lot of overflowing with so, so, so many teachings, plus a lot of really exciting things that are coming up in the next year for the Cosmic Legacy members.

A lot of people are in their second and third year in Cosmic Legacy because they just choose to stay and remain being mentored by me for not only astrology, but business at the same time. So I love this container so, so, so, so, so very much. It's always been a core of my business. And we are opening the doors for only the second time in 2025. This is the second time the doors are open and...

That is happening in a couple of weeks, so join the waitlist. There are going to be special bonuses and special pricing that will be shared very, very first with the waitlist. And I'm so incredibly excited for everything that we're bringing next year in Cosmic Legacy. Cosmic Legacy is a space, if you've been along for the ride with me, you know that I recently closed nine of my major, major business and wealth programs.

And I've really shifted directions in my business that included the relaunch of my podcast as Aquarian Age Business. And one of the spaces that I'm pouring so much love into with new mini programs, new master classes, and the ongoing group mentorship in addition to all of the modules that are already part of the program, which is all of the fundamental Venus, Jupiter, Moon, Mercury is the brand voice and messaging.

To money asteroids, work and wealth houses deep dive to divine timing for business, learning how to plan, when to plan launches, how to work with astrological activations to actually plan the biggest moves in your business to have the highest ROI. The quantum quarters calls where we do quarterly planning based off of the astrology of the financial quarter plus your birth chart. My clients are obsessed with quantum quarters. It's one of the most craziest, like coolest things.

I just, I so look forward to it every year. And of course you will get to join for quarter one and it will be through the four quarters of 2026. And into the structure and flow of chart reading, we're going to be talking about solar return deep dive coming up soon. We're going to be talking about doing astrologically informed coaching because cosmic legacy is for anyone who wants to learn from me as their mentor in both astrology and business.

But it's not for everyone because not everyone has that level of nerdiness basically with it where we're deep diving into charts. Not everyone is meant to be the village astrologer, you know what I mean? It's like, but at the same time, the types of people that are in Cosmic Legacy, some are



already professional astrologers and they are wanting to go more into the business space or to be coached by me for business when we're fully speaking the language of astrology. Some people through doing Cosmic Legacy become astrologers. They start reading for clients, they start making six figure years through offering astrology from what they learned because they're so connected with the work.

Some people start doing astrologically informed offerings. So they're learning the astrology for business for themselves to be their own business astrologer. And some people are using that for astrologically informed coaching, moon session in person events, things like that where they're weaving it into what they're doing. And for some people they don't want to offer astrology to clients, they are just in a deep relationship with it themselves and they gain so much richness from going so deep and applying that to their business and their career.

And as the Testimonials say if you ever look into them, it's so much more than a business program; it is really about self-actualization and becoming fully who you came here to be in your full-purpose power and potential so anywho, I hope that this episode has been valuable for you. I hope you're excited to start seeing the time of the full moon as this time of turning over of energy that liberates this energy for your new creation so you can stop binding up the emotional baggage of the past and the paradigms of the past, spending your precious energy on binding that up and actually liberate that energy.

Let that go. Be in that cycle of shutting and letting go and be so fresh and so renewed and so inspired on the other side, so open to receive the blessings of manifestation in the next cycle that follows. And the other final thing on full moons in business is that full moons can bring a manifestation. So full moons are the end of a cycle and some cycles end with a manifestation in that area of life. So full moon in the 10th house of career, fame, legacy, that could actually bring recognition that you've been working toward.

But it's not manifestation in the sense of starting a new manifestation. Because from the point of the full moon, energy just decreases. So I don't want to plant a seed in decreasing energy. I want to just focus on what do I want to throw into that so that the energy gets taken away with the decreasing energy. So it's very much like the garbage man is coming kind of vibe. Mot to, I don't know that's gross, but that's just like, I find that metaphor helpful. It's like, it's all about what you want to let go of, but

through that letting go, you actually can receive a manifestation at the full moon. You're not starting a new manifestation, you're receiving one that was in the works from the back, from



past efforts and past seeds that were planted and past actions that were taken, et cetera. So I hope that this episode can bring you inspiration, can bring you tons of value. Download the free astrology guide and that will give you the keywords for the 12 houses, the 12 signs, show you how to generate your chart and show you the symbols as well. So it's meant to be a cross-reference.

It's not meant that you read it all and you memorize it. It's meant that you can open it every time you're working with your chart and it will help you like quantum leap in your journey with understanding what's going on. And if you want that deeper mentorship with me, that will forever change the way you look at the world because astrology is the source codes of this creation that we're in. So once you see it, you can't unsee it. And if you want to learn that from me, if you resonate with my expression.

In teaching style and communication, you will love Cosmic Legacy. It's such a special space, and that's why we have clients in it for their third years. So thank you so much for listening. Thank you for being a part and supporter of Aquarian Age Business Podcast, and I'll talk to you in the next episode. Take care.