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P O D C A S T

*with*

AYESHA  
DURRANI

Episode 12

Hello, my loves. Welcome back to the podcast. We are almost at the final new moon of 2025. And this feels so significant. This feels so deep and powerful. Throughout the year of 2025, all the new moons have taken place in the late degrees of the sign. So this new moon takes place just on the final days of Sagittarius season on December 19th. The moment of the new moon exact is at 8:43 PM Eastern time on December 19th at the 28th degree of Sagittarius.

So this year we've seen a lot of new moons at the late degrees of a sign. Late degrees of the sign represent an increased level of maturity, increased level of experience, increased level of wisdom. Even can be related to karma in some instances. So this feels significant to me as 2025 is a number nine year and nine is the year that is all about endings and completions. Nine is the year that is all about graduating our spiritual lessons, getting to the end of a certain journey before the next journey begins.

And it's also a snake year. Now, one thing about the Chinese zodiac wheel and the years is that, a lot of people are talking about 2026 as if right away it will be the year of the horse. That's not the case. We are in the snake year until the 16th of February. The Chinese lunar new year is not associated with the Gregorian calendar year. So I just want to say that, yes, most of 2026 will be in the year of the fire horse, but we still have some snake shedding to do until mid February.

So what I wanted to share on the podcast today just a message about this new moon that feels so profound and so beautiful to me that at the same time as we reach the graduation point on certain lessons at the same time as we bring certain things to completion, which can involve grief. This can involve mourning, mourning past versions of ourselves, mourning identities, mourning things that we created mechanisms and coping mechanisms that we created to protect ourselves. That we've become identified or attached with.

Even mourning certain relationships and certain paradigms and dynamics that we are a part of, there is a bitter sweetness to this new moon. And of course, it is just right on the brink of solstice

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as well, which takes place the next day. It is just right on the brink of a new season, Capricorn season, and there is this bitter sweetness to this new moon, yet at the same time.

because it is a new moon in Sagittarius. It's like, love it because in all the depth and all the wintery energy for those of us in the Northern hemisphere, the introspection, know, the, like I said, it can be a time of grief and mourning right now. It's a time of tenderness. It's a time of bittersweetness because the fact that it's a nine year is saying that every single person that you ever come across, that every single person on this planet,

is ending major cycles, like minimum nine year cycles, not just ending something you started two months ago. Well, sure, actually, there's probably the endings of things that started two months ago, too, like trying something out, wasn't aligned, situationships, whatever, for sure. But it's also so much bigger than that. It's so much deeper than that. If, let's say, in the example of ending a situationship, just because that's the example that randomly came through, the deeper ending is the version of you that was available for that.

Right? That's the deeper ending. That's the ending of the thing that's older, that goes further back. So there is this energy of like really deep, profound endings. But at the same time, Sagittarius is the sign of optimism, faith. It's a sign of generosity. It's a very joyous sign. It's a sign that loves to be liberated. It's a sign that finds adventure in anything, in absolutely anything. So it's like this character, this archetype of this very wise adventurer, not wise like

I'm constantly studying and memorizing things in my brain. No, Sagittarius is the sign of teaching, learning, being a student, being a teacher, being an author, being a traveler. You would think that that has a lot to do with the mind, as in what we think of as education in our society now has a lot to do with like memorizing, get the answers right on the test, and it's very of the mind. But actually, Sagittarius is a fire sign. So this teaches us that the way that the true

because astrology represents the true blueprint of humanity. It can reflect a lot of shadows to us as well, but what I feel is so powerful here is that it is indicating to us that the true human operating system, our real blueprint that's undistorted by the matrix, our real way that we are meant to engage with education is of the fire element. It's meant to be what we are most passionate about. It's meant to be what we are ignited by.

So even though there is this tenderness, this bitter sweetness that is present at the end of every year, I think, like it's just a time of introspection where we look back on the year, we know another year is starting, we have another birthday, you know, in the next year, we're reaching

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another age, et cetera. There's always a bit of this tenderness I find at the end of the calendar year. But with this Sagittarian energy, it's rebirthing that sense of...

No matter where you are, there is an adventure to be had. You could be deep in the underworld and you could approach it as the greatest adventure of your life. And that's what Sagittarius can do as an archetype. Sagittarius is this energy that's just lit up with passion for being alive, for the new wisdom that is unlocked behind any shadow. So this is a time of manifesting your true dreams, your true, what you actually desire.

Sagittarius is not meant to be in a corporate job that it doesn't like and it's just, you know, being a robot, that's, it's like, no, it's like allergic to that. It's like, what is the adventure that you are choosing for yourself from this point onward? You're not here to go through the motions. You're not here to be on autopilot. You're not here to make other people wealthy with your labor and with your work. You're not here to just go with the flow of a broken and sick society.

What is the adventure that you are claiming now in this new moon, the December 19th new moon in some time zones? It's December 20th, by the way, it's 843 PM Eastern time. I'm to make a post on Instagram. So that's going to have different time zones. That's going to, I'm going to write that a little bit later on, but I really just wanted to speak this and give this to the podcast. the new moon is also conjunctive Venus. So this is a beautiful thing specific to do with love and money.

ask yourself that same question. What is your true dream when it comes to love and money? What is the adventure that you are choosing to embark on when it comes to this? Not the boring same old same old. What is the new adventure you are choosing? If you want something new, you have to choose something new. And one of the major aspects, the most major aspect at this new moon is a square with Neptune in Pisces. And a square is a harsh aspect. Neptune in Pisces is at the 29th degree.

Guys, Neptune is the ruler of Pisces. And the fact that it's in Pisces for our lifetimes is very special and rare because for future generations, they're not gonna have that. And once Neptune leaves Pisces, because 29 is the final degree, it will not enter Pisces again in our entire lifetimes. The 29th degree of Pisces is the final degree of the entire zodiac wheel, literally. So the entire zodiac wheel is 360 degrees.

This is the 360th degree is the 29th degree of Pisces. So this is major karmic endings specific to the shadow of avoidance, addiction and escapism. So your true dream is possible. You can set

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your true dream in motion, but it's letting us know right away what's going to stop that dream from happening. That most adventurous life, that truly living Carpe Diem, living life as if it is

in adventure as if the world is your oyster and also with love and money because of the presence of Venus, new beginnings and manifestations with love and money. It's letting us know the main thing, the main issue that could block this is the shadow of avoidance, escapism and addiction. Being a victim, being a passive doormat to life, numbing out and dissociating all day instead of being in radical, powerful presence as the conscious creator of your life.

So this is going to be a little short episode. I actually wasn't planning on recording this, but I really felt the call as I was making my coffee this morning, so we're going to wrap it. But I want to let you know that I have a free masterclass that is on December 19th at 12 p.m. Eastern time. It is taking place in the dark moon phase before the new moon. I'm going to be leading us through.

a cleansing and clearing threshold crossing meditation. I'm going to be speaking more on the year nine into year one, on the year snake into the year of the horse. And I'm also going to be speaking on success aligned to your blueprint. So I highly recommend that you get in and sign up for the class. Join us at 12 p.m. Eastern time, December 19th, which is tomorrow from the day that I'm recording this. if you

aren't able to join live, there will be a replay for you and the meditation will be very, very, very powerful to support us because this is the final new moon of 2025 that makes this the final dark moon of 2025. And the more that we let go before the new beginning, the more we are open to receive the blessings that are meant for us in that new beginning. So I hope you enjoyed this little short quickie episode and I'm sending you so much love and blessings on your path and in this transitional time between realities and between years.

Thank you so much. And the link is in the show notes to join for the master class, which is called New Earth Destiny.