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# AQUARIAN AGE BUSINESS

PODCAST

*with*

AYESHA  
DURRANI

Episode 14

Welcome back to the Aquarian Age Business Podcast. Guys, it is my last episode of the year. This is the final episode of 2025. I'm recording it on December 30th and I just have been deep in my own reflections for this year, deep in energetic preparation for all of everything that's happening in January and also in the deep reflections of the final letting go because 2025 is a number nine year. And a number nine year is a year of endings.

It's the final single digit and it is the end of a nine year cycle. So this is a time of, it's very, it's kind of somber, you know, and I, different people have different experiences, right? Of course, overall, the energy of 2025 was about endings and a lot of those endings were quite serious, right? Because if it was easy and some, some endings might've been easy. Some endings might've been like, yeah, I've learned about this, I don't need to learn the hard way again, I can make another choice and turn a different direction and that's amazing.

That's showing wisdom. But a lot of the endings ran really deep because this is the end of a nine year cycle. So these are some of the deepest completions possible in the graduation from lessons that began almost a decade ago. Overall, the energy of 2025, in addition to having totally unprecedented astrology - for those that were there for the 2025 business forecast that we did at the start of the year, or you've just kept up with astrology, like the astrology of 2025 had so many major pivotal, disruptive upheavals, uncomfortable, shaking the foundations.

It was not smooth, you know, it was rocky, was meant to be rocky, astrologers knew it would be a bit of a toughie. And I just want to say that, because we have our personal number, our life path number, and then we also have a number that's different every year. Some people might have had a lot of new beginnings this year. So I want to acknowledge that in case people are like, there was ending sure, but it was also like a year of a lot of new beginnings.

For me, that wasn't the case because I'm a life path number nine and nine plus any number equals itself. It equals that number. So when it's a universal one year, it's a one year for me.

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When it's a universal seven year, it's a seven year for me. I'm always the same. Anyone who's a life path number nine, we're always the same as the universal year because nine plus any number equals that number.

But there's other people who could have been having a personal year one. So anyway, I don't want to get super deep into that. But I just wanted to give that little caveat, because I'm sure there's some people that didn't have quite such a heavy experience of 2025. Though, to be honest, I haven't met any of them. I haven't met too many people that didn't have quite a heavy and challenging experience in 2025. And these challenges are serving us these challenges are strengthening us because the nine as the final number before a new cycle begins is the graduation.

And if you're going to graduate from lessons that you're only going through once in your life, even if it takes you many years to get through that, to graduate is to graduate, you can't ungraduate. So of course, it's going to be a little challenging. Of course, there's going to be a bit of testing. I know some people say like, no, the universe doesn't test us. I kind of disagree. I do believe that life and the universe tests us, but it's not about to ascertain our worth or our value or if we're a good boy or a good girl or whatever. It is about knowing if we're ready for what's next in our initiatory paths and in our evolution.

And I believe that it's actually our higher self is part of that testing. So it's not really happening to us. Okay, let's see where this episode goes because I really was just like, I just want to sit down and talk to my podcast. I feel like I just have so many cosmic and just like kind of soul and spiritual things I want to share.

Back to the topic of this podcast, which is graduating the lessons of the nine year and entering into the number one year, which is what 2026 is. 2026 is the year of new beginnings. But in order for those new beginnings to truly feel new, we need to complete the lessons of the nine years. So something that's really powerful to do is to look back on and reflect on what were some of the major lessons that you moved through, the major challenges that you moved through and the completions, the things that got brought to completion.

Reflecting on what popped up for you this year, like what naturally arose on your path asking to be addressed, that is exactly the location of your highest opportunities for breakthroughs. It's that, it's exactly that. It's like the obstacle is the way, what were the themes that kept coming up? Was it over giving? Was it over functioning? Was it being inconsistent, was it non-reciprocal relationships, like whatever that it was, was it numbing, escaping, scrolling all the time, which

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who doesn't, right? Like that's a pretty common one. We're really being asked to kind of put it on the chopping block. We're being asked to clean the final residues of these patterns, habits, behaviors, choices that go all the way back to nine years ago, 2016.

It blows my mind to think about 2016, guys, because of how many things, even just in the last couple of days in my personal life, how many things were connected to 2016 for me. It is absolutely wild. I won't even get into them all. It's just a whole bunch of different personal threads, but I'm finding it so fascinating that just these final days of the year have been quite intense for me with like breakthrough after breakthrough, ending after ending.

in a really positive way, in a really empowered way. When we choose the ending, ourself, when we choose with our free will to end what is not aligned, when we actually take that wisdom from those past experiences and choose to make a new decision and refuse to keep making the same decision that brought us back to the same cycling, looping patterns, right? When we choose that with our free will,

That is showing that we are passing the test. And it's not about being perfect. It's not about always making the right choice. But that's what I've noticed in the last few days is I've had these little opportunities pop up to just choose. you know what it comes down to? It comes down to choosing to no longer have to learn things the hard way. So when someone's inconsiderate to me early on and it's happened a couple of times, I don't need to keep learning that the hard way anymore. I can just let go.

And that's really what the nine year was all about, was all about letting go. And since we still, at the time that I'm recording this, there is still a couple days of the nine year. It's a great moment to be like, what loose ends can I tie up? What person can I pay back? Who needs to pay me back that I need to send them a reminder? What thing do I need to take care of? These tying up loose ends is such a great way to honor the nine year. And the deeper that we can complete in the nine year and completions even include forgiveness.

Completions even include just letting go of the baggage of resentments that we're holding, having that tough conversation, or even writing that a letter to someone. Sometimes they can be sent to that person. Sometimes you can just read them aloud and let it go. You could burn the letter without sending it to the person. Like, find a way to bring it to completion that isn't relying on another person because we cannot control that other person. But your level of completion and closure is something that you can own fully.

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without with or without that person's participation. These types of actions are incredible to do for the nine year because all that you're doing every time you choose to let go of what's not aligned with your highest path forward, all that you're doing is making more space for blessings next year. Every single thing that you choose to let go, every single loose end you choose to tie up. Another thing is making the physical space. I know I talk about this a lot. I feel like I always say this, but it's because it's so impactful for me personally.

When I donate things, when I sell things, when I give things away, that is doing energy work in your physical environment, which has a huge impact on you. So that's another way when you're like, okay, I want to honor a year of completion, but sometimes there's not a completion right in front of us. And sometimes there is. I mean, for me, there definitely has been, but we can also create those completions ourselves. You can clean your fridge, you can clean your pantry, like take everything out, throw stuff away.

Like you are completing, you are participating in the process of completion, and that's making more room, more energetic room, not just in your pantry, but in your life for the new energies, the new inspirations, the new opportunities, the new pathways and timelines. And it's gonna be hard for you to step on that new timeline if you're dragging the baggage of the past with you stubbornly. The more stubborn that you are about letting things go, the harder the lessons are gonna have to be. That's why when we can actually integrate the lessons of the past and choose with our free will to not go down that path again.

To say goodbye when you know it's not aligned, to let something go when you know it's not aligned sooner, not have to stubbornly cling onto it because you had these attachments to it, you had these ideas about it, whether that you projected something on a relationship or something in business or you're doing an offer because your clients like it or a type of content.

was speaking today and sharing with some sisters about creating content that everyone loved except for me. That's how I felt and so many of the women that were there that were also entrepreneurs resonated with that really hard. There were like, chills, my God, I'm in tears because we can find ourselves maintaining something just because we think we should maintain it. We can find ourselves upholding something just because we built it, we erected that once upon a time and now we're just upholding it and we don't even know why anymore, right?

So I found for myself this year, one of the biggest breakthroughs for me in 2025, was giving myself permission to use my platform how I want to in a way that makes me actually feel inspired, not just what other people liked. And that was my own inner healing journey because

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it's not just about content. It's about the little girl inside that wants to feel seen and wants to be recognized and felt like no one saw her, you know? So it's not just these surface level things. Everything in business is connected to something very deep. And so...

That's one thing that I wanted to mention because for me, I'd say that was the biggest celebration of 2025 for me. Yes, 2025 was a multiple six figure cash year. Yes, we've had 60, this December is the 60th consecutive multiple five figure cash month US in my business. And that's incredible new clients, you know, really refining my offer suite and getting more accessible offers out there to launching my podcast. Honestly, the real biggest win was giving myself permission to want what I want.

And to stand for that and to ask for that too in relationships and friendships with my family, to speak up and advocate for myself and also use my platform in full alignment with my values and my passion and my inspirations and not just, you know, this type of content performs really well, this type of content performs really well, everyone really likes this. That's how I used to think on some level because that is a strategic, right? Making more posts of the type that your audience resonates with is a good strategy and it's a way of serving people.

But that's not all that it's about. And I want to feel self-actualized. I want to feel self-expressed. And that was probably the biggest thing for me in 2025 in my business. And on a personal side, very relevant. Like I said, about speaking up about my needs and wants, knowing that my needs and wants are valid and that the people that I want in my life care about my needs and wants. They actually want to know my needs and wants.

I was tolerating a lot less than that in my friendships for some reason. And that once again led back to childhood of just, you know, neglect and therefore that taught me to neglect my own needs. So pretty deep, pretty deep stuff. And those were really my biggest celebrations of 2025.

I grew my net worth to just shy of \$450,000. So that's also really nice. But honestly the other stuff is the bigger win for me. The other stuff is the true celebration of like, I feel alive. I feel alive. I feel engaged. I feel connected to what I'm doing. I feel connected to life. I wake up excited to wake up. I go to bed excited to wake up. I wake up excited to connect with my community. And I really feel the living pulse of my business and my work. And I didn't feel that in some of the times that, you know, in the last couple of years. So that was really the biggest celebration for me this year.

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Now that we're moving from a year of endings, from a nine year that's asking us to let go, that's asking us to shed what is dead, that's asking us, what else can you let go? What else can you get curious about? What more can you let go? Ways of being, self-concepts you've been upholding, identities that inform your actions, which then inform your results that you're receiving and creating in life.

Letting go of the identity of being a victim, that life is just happening to me. Letting go of the identity of being the strong one that never needs help. Whatever that it is, you are more than all of these labels and letting them go frees you up to more possibility in the next year that we're stepping into, which is a one year. Another thing about Nine is Nine is a humanitarian. So Nine is connected with a collective. It's a number of deep wisdom and compassion that is gained through experience. And that experience came through suffering and endings, right? Because it's ending.

I'm a life path number nine. There's been a lot of endings in my life. I'm a life path number nine with my North note in the eighth house, which is about death and rebirth. And I'm a 1/3. And the three is known as bonds made and broken in human design. So there's a lot of, you know, endings and new beginnings in my blueprint. Thank God I know about this because otherwise I could really take it personally and make it mean something that it didn't. That there has been quite a lot of things that have had to walk away from and endings in life, endings that I chose, endings that I didn't choose. Right.

And so really honouring that energy of endings is what and that wisdom that is gained from those experiences, challenging experiences, endings, mourning, grieving, the past timelines and things that we were attached to, letting go of attachment, what that births is the humanitarian. It births a deep level of compassion and understanding. It births a deep understanding of human nature. Nines have a deep understanding of human nature. And so we can see what that's meant in the world as there have been so many terrible global, I mean,

Our world is under matrix control, which are forces of evil that are highly organized. And now I'd say this year, more and more and more quote unquote normal people that were not involved and didn't really care and didn't see what was going on are seeing what's going on. Like the veil has been pulled down so much that even normal people who just did not get involved are realizing that they must get involved. And I feel that that is so powerful for the nine year.

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And so as I wrote a post on IG today, so I'm going to try not to repeat myself too much from that because I'm sure some of you guys read that. But the nine years, the humanitarian, the one year is the individual who rises up to lead. The one year is about your self-concept, your confidence, your courage, the courage to take action from that place of wisdom. Nine year gave us the wisdom, but it also is a bit tiring where it's like, it feels heavy. There's some sorrow there. The one year is the sorrows gone, baby.

Fire of passion has been ignited. The light of my soul has been ignited. I'm ready to move forward and take action. It's the courage to lead. It's the energy of creation. It's the energy of new life sprouting from a seed with the force, you know, for a seed to sprout, there's an immense amount of life force energy that is needed in that seed to get to that point where it breaks open in the darkness from a seed and becomes this little sprout and that sprout becomes an oak tree.

That's what the one energy is. It's the impulse of life force energy that breaks free into this beautiful, bright new life. And it has a very youthful energy. The nine energy has a very like mature, like elder kind of energy, almost ancestral, you could say like on a frequency level, it has this elder sort of energy. The one is like the child, like realizing I'm a child of the divine.

And I'm a warrior and I'm not okay with what's happening here, I'm gonna make a change. I'm not going to be passive, I'm not gonna be a doormat, I'm going to reclaim my life, I'm taking charge in my life. And then of course, as you may know, because a lot of people are posting about it this year, that we are going from the year of the snake to the year of the fire horse. So that really aligns very much, mirrors the numerology because the snake is all about shedding and letting go and transforming.

The fire horse enthusiastically and passionately galloping forward into the new life and the new reality and the new timelines and having positive expectations of, fuck it, I'll cross that. Instead of being like, what's gonna happen? Is it gonna work? I don't know. Maybe I'll just watch somewhere and fucking love is blind and just living in a stagnant swamp. It's like, I'm already going, I'm already on my way, I'm galloping forward. Is it gonna work out when I get there? We'll find out, I'll figure it out.

It's very much that energy. It's resourceful. It's passionate. It's enthusiastic. It's I'd rather - I wrote a poem, by the way, that I shared this year a few weeks ago, which was kind of a big thing for me. And one of my New Year's intentions was really stepping into my artistry. So that was part of it. And one of the lines in it was I would rather live on my feet than die on my knees. And

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that's kind of the energy of or sorry, I got it backwards. I would rather die on my feet than live on my knees. And that's kind of the firehorse energy. It's like

Gotta fuck around and find out. I don't know if it's gonna work. I gotta go find out to find out. I'm not gonna know until I go and find out. And it's very action oriented. The year of the fire horse doesn't begin until February 16th or 17th based on your time zone because the Chinese lunar new year is not aligned with the Gregorian calendar. Cause the Gregorian calendar is kind of not aligned with anything, any cosmic or natural forces.

And that being said, I still love a good Jan first. I still love a good new year because there is a collective turning of the page and there is a beginning of a new calendar year that that is something that, you know, it's a manmade field of new beginning and it's also Capricorn season. So I'm down to use that momentum to propel me forward. I'm down to leverage that energy for my goals and accomplishments, which is what Capricorn rules. So I'm kind of down to work with that energy, but no, it's not the true natural new year.

Okay, so I got to wrap this episode. I really wanted to just drop in with you guys tonight. It's nighttime. I got my hair up in a bun. No one's going to see this video. I just really wanted to come and share with you and just say thank you so much for being a part of this community, for listening to the podcast, for your shares, your reviews, your likes, your recommendations. Feel free to DM me or email me with suggestions for the podcast at any time. I love to get those and like really want to know what would serve you the best.

No, don't promise to do them all, but I will do the ones that inspire me. And I love to just hear where you guys are at, what you're interested in. And we're heading into a new year. So tomorrow, December 31st is actually the final day to join Cosmic Legacy, which is my year long astrology for business program and group coaching in an incredible, epic group of very, very, very cool humans. So it's my full astrology for business program, Cosmic Success Codes.

The price of that program alone is actually the price of an entire year in cosmic legacy, by the way. So that program is like a juggernaut. is so just like potent deep teachings from foundational to advanced from foundational pieces of astrology to money, asteroids, divine timing for business, timing launches, finding your power dates, the work and wealth houses, synastry. We're bringing solar return in this year. We're bringing human design in this year.

That's just the program, that's the core curriculum. But the real juice as well of Cosmic Legacy is being coached by me for one year in alignment with your astrology and human design in a

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really, really epic, intimate group. I'm so excited for this. And in January, our calendar is packed. Our January calendar is absolutely lit because we have quantum resolution, which is our annual New Year's program.

That helps you to see the greatest opportunities for you in this year based on specific astrological activations. That's different every year. So fun to teach this. We have the 2026 Business Forecast. We did this for the first time in 2025 and everyone loved it. It's so fun to see the themes and the business. I'll give business predictions and things, but also world event predictions and trends, which has been really interesting to see how that's unfolded.

We have Quantum Quarter One on January 2nd. That is our quarterly planning, strategizing with the stars calls. So you will know your power dates and greatest opportunities quarter by quarter. We do this four times a year, every quarter. So you can look ahead and see the perfect dates and places to slot in your inspirations and ideas. Because in business, we have so many ideas, so many things we could do. I could do a giveaway, I could launch a freebie, I could do a course, I could open one-to-one. I've been meaning to do a master class, whatever. These classes are where you will find the highest opportunity, that is the most opportune based on astrological activations to your chart to slot in those things.

And it makes it so much easier to make decisions when you're like, wow, this date is perfect for launching a group program. Boom, let's just put that right there instead of like so much decision fatigue with all the millions of options out there. Am I missing anything? Yes, we have the full moon in cancer emotional release meditation.

We start the year early on with a full moon in Cancer, which is all about releasing the emotional energies and ancestral energies and lineage energies. So there's a meditation I am giving everyone in Cosmic Legacy for that. And then there is the new mooning Capricorn moon manifestation session. That's a full live session going through the new beginning of the new mooning Capricorn, which is the sign of success and legacy. So manifesting with that new moon is incredibly powerful. And that's what Quantum Resolution is built around every year. That's why quantum resolution this year is a little more in mid January than the beginning because the beginning of January is more about letting go with the full mooning cancer.

There's so much more I could say. It comes with Aligned AF, the morning manifestation routine program that teaches you about your codes for productivity and self care and like creating manifestation as your lifestyle through your day-to-day practices. Such a fun program. Like I could just go on and on, but I won't.

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So if you are someone who resonates with my way of teaching and my way of transmitting, if you are someone who knows themselves to be a visionary, who knows themselves to be a mystic, a deep soul artist with ambitions and desires and things you want to create in your life and in your business, if you're someone who wants to engage in business in a way which is sacred, in a way which always aligns to your blueprint,

in a way which never self-abandoned, which never self-exploits in a way which actually exalts the way that you are, the way that you were created, the unique blueprint that you have, the placements that you have for wealth and abundance, the way that you were here to communicate and lead, the destiny lessons that your soul is here to learn in this lifetime, bringing that into your business, the healing gifts that you have written on your soul from lifetimes past.

Your business is actually here to exalt that. Cosmic Legacy will teach you about creating a product suite that aligns with that. It will teach you about messaging. It will teach you about all things astrology and to the point that you can use astrology with your clients as a lot of Cosmic Legacy students do. Not all, but a lot of Cosmic Legacy students end up using astrology with their clients because once you see the source codes of creation, you can't unsee it.

And when you can see how it could help your clients so much the way it's helped you, it's natural that that happens, but it's definitely not necessary. There's all different types of people in Cosmic Legacy, even skincare brand founders and psychiatrists and counselors and singers and artists. Like there's all different types of people in Cosmic Legacy, but it definitely will get you to the point that you can be working with clients using astrology, whether that's reading charts or astrologically informed coaching or doing moon sessions.

The abundance of this container is honestly just endless. And with us entering into a number one year that's about self-concept and your sense of self, you exalting and activating the full potential of your astrological placements is honestly, in my opinion, one of the best choices that you can make because you living your blueprint is you living your potential. Your birth chart is the manual to self-actualization of your potential.

So that's really what Cosmic Legacy is. Yes, it's a business program. We talk about strategy. You're going to be coached on what's going on in your business in alignment with your birth chart at every one of the monthly coaching calls. But at the same time, it is ultimately about self-actualization and our business is meant to exalt our blueprint. So that's what Cosmic

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Legacy is about. You are invited. The doors do close tomorrow night, December 31st. And I'm just so excited and what a huge welcome to all of the people who have already joined during this launch and all the people who have stayed on for multiple years inside of what was used to be called Cosmic Success Codes and is now Cosmic Legacy.

I love you so much. I'm so happy to be sharing my work in this way and continuing to deepen and really pouring a lot into Cosmic Legacy in 2026 with a lot of new mini programs and modules and master classes in addition to the ongoing coaching. And I can say that you devoting a year to doing business in alignment with your blueprint

it cannot not change your life. Like it just must change your life. It's truly inevitable that that will change not only your business and your wealth reality, but other areas of life as well as it all just clicks into alignment. So that's what I want for you. That's what I want for all of us. You're invited to join Cosmic Legacy and whether you join us or not, I'm just so happy that you're here as a podcast listener and as part of the community.

Happy new year to everyone. Be safe out there and may all beings be happy and free into 2026 and beyond.

Thank you, take care.