

THE

AQUARIAN AGE BUSINESS

PODCAST

with

AYESHA
DURRANI

Episode 19

Welcome back to the Aquarian Age Business podcast, my loves. I want to bring to you guys something that has been coming up in a lot of my conversations with my higher level clients and my masterminds, my one-to-one clients and in my own life as well, because isn't that the way it goes? What is moving through the field moves through us and we're all interconnected, right? So the way the astrology is activating us.

As I'm currently recording this, we're in the final about two weeks left of the Year of the Snake. so listen to my previous episode on that for a deeper dive on that. But the Year of the Snake is a full year of shedding. It's a full year of transformation and really touching into the depths of our power, the reservoirs of our resilience, shifting our relationship with money and power, because the snake is known to be connected with money and business strategy, as well as finding the wisdom through transmuting the past.

So this end of the year of the snake, as I've been calling it, is like the tail of the snake. It's like the very final, dense kind of stubborn, like very end of it that's gonna just feel so good when it fully popped off. And this is also what is so necessary to clear the way for the year of the fire horse. We need to be letting go. And so what I'm noticing in a lot of my conversations with my clients and with my own process,

is one key thing that everyone is being called to let go, being called to let go and leave behind in the year of the snake, leave behind with the pile of everything else that you've been called to shed. And what this is, is leaving behind the parts of us that are willing to self-abandon in order to get success and or get love, right? Because that's the other place. Yes, the conversations here are very business oriented, but let's be real. It's all connected. It is all connected. Love, money, recognition, feeling of purpose, feeling of success, feeling like we're on path.

We are so indoctrinated from the society, from education systems, et cetera, that we need to be inauthentic. We need to suppress our desires, we need to sit still, do what we're told, we need to

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show up to work. It's so normalized that people dislike their jobs. That's a very normal paradigm within the greater collective, know, lesson entrepreneurship, which is amazing. That's why we're here doing what we're doing, doing what we love and taking the risks and leading ourselves where there was no path, we're creating a path and it's hard and it has its own struggles. But part of why we're choosing that entrepreneurial path is because we don't want to be part of the dynamic of, yeah, we all just hate our jobs. We all just hate our jobs. fuck Mondays. You know, I hate Mondays. And there's that meme that was going around. You don't hate Mondays, you hate capitalism. And that's what it is. It's the corporate colonial-based economic system that puts profit over people and just wants you to sit still and do what you're told and be a robot.

And then even when the robots come and do replace a lot of jobs, then people are just pushed into poverty. It's not actually serving humanity. It's not actually serving life. It's only serving the bottom line of the corporation. So that's why it's so anti-life. Like that whole structure is very anti-life. So all this is to say, let me get back to the point. Society, education, the paradigm we're in, the matrix that we were born into without awareness of that when we first are, you know,

awaken into the matrix, we start to realize and deconstruct and see that this is not the way life has to be. This is not a way that honors life. And one of the pieces of that deconditioning is deconditioning the idea that we have to dislike what we do, but it's just something we all have to do. We all have to go to our jobs. We all got to clock in, clock out, like Homer Simpson or even Fred Flintstone, you know, just clocking into the job. You know, it's just what you got to do. And yes, that's true at a certain level.

For sure, you know, we got stuff to pay for. That's a reality and we can relate on that. But at the same time, in soul business, which is what we're here for, in Aquarian Age business, in New Earth business, in New Paradigm business, we actually can have a standard of not leaving ourselves and not abandoning ourselves to get anything, whether it's love or money or success or recognition or opportunities.

So the three words that come up for this for me, one is standards, one is surrender, and one is sacred success. Okay, that's two words, but they go together. Three, three, four S's, the ssss, for the end of the year of the ssssnake. Let's just talk about these four S's. Standards is having a standard that you won't abandon yourself, right? And it's having the deep understanding. And here's also where standards goes in with surrender.

is the deep understanding that's what is for you will not leave you for you standing in your truth, right? So this happens in relationships. This is a great example that I know we can relate to a lot

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of us unless you met your high school sweetheart at age 16 and you've just been together ever since. But hey, even along those long-term relationships, there's gonna be transformation and changes, right? When we are...

Silencing our truth, suppressing our truth because we're afraid that if we say what we really desire, what we really need, if we say a boundary and that per- no, but I don't want that person to leave so I'm not gonna say it. How could that possibly be on your highest timeline of success? How could that possibly be your destiny timeline? We know that. We know that. On a deep soul level, we know. If the truth, if your truth destroys a relationship, then that relationship is not for you.

But we don't have a standard for that usually. We just don't want to lose the love. We don't want to lose the love. We don't want to lose the client. know, anytime that we're like, especially if we're a bit more in scarcity in that moment or feeling a bit more financially vulnerable in that moment and like a client comes and you're afraid of, you know, speaking your truth online because, what if I get less clients? What if people unfollow me? What if this triggers someone?

But the people that were truly meant to work with are not met like, it's like this underlying and this is where the surrender and the standard piece comes in. It's this underlying trust that there is a highest timeline for you. If we don't even believe there is a highest timeline and we're just trying to, we're just in survival and we're just trying to make the best of it and make sure no one leaves and everything stays and no one's ever mad at us. You're living as a shell of what you could live. When you know that there is a highest timeline, there are higher timelines.

And on those higher timelines, there are relationships, clients, business opportunities that will be attracted to you based on how strong your signal is, which is completely connected to your level of authenticity and truth. Truth is love. So the love that you get from swallowing your truth, distorting your truth, contorting your truth is a shell or a shadow of the love that you could get. And it's the same with success.

It's the same in business. having a, it's on one hand, it's surrendering and knowing, okay, I'm willing to let go of things. I'm willing to let, you know, someone who's a potential client and wants you to say something or wants some, a guarantee on something that you don't feel an integrity to give, or is mad at you for saying something, being willing to let go of people that if they don't want to work with you for you being in your full truth, then why do you want to work with them?

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is the question. And usually the answer would have to do with financial scarcity, right? Or like a feeling of vulnerability or wounds around rejection, et cetera. So that's why honoring these things and being with them actually is how business is a path of personal development because it reflects to you where that wound is that that needs healing, right? And that's the gift for you. That's the gift of growth and evolution for you. But the answer is never swallow your truth, contort yourself so that that person stays so that your abandonment wound doesn't get triggered.

or your scarcity wound or your rejection wound or belonging wound doesn't get triggered because then you're just enabling your own shadow and then you're not in leadership. And then you can't be confused if you're not in leadership for your own self on why high level clients aren't coming in, right? Because they respond and are attracted to you being in leadership yourself, you being on the growth edge of your own evolution. And that's something I can say, you know, in, we'll be celebrating my sixth year in business in March next month. And the...

People that have been with me all these years or spend two years with me, take a break and go off somewhere else and come back. It's like there's a level of trust that comes because I'm very transparent and raw about the things that I'm leading myself through. And it's definitely not perfect. It's far from perfect. And that's the thing, clients don't expect perfection from you. People that are real, that don't expect perfection from themselves, don't expect perfection from you either.

But when we're actually living on that growth edge ourselves and people see that and they feel it because of how we're sharing and how we're communicating, expressing, how we transmute the lessons into offers, et cetera, and into teachings, that creates a high level of trust. So the surrender part is surrendering to spirit's plan for you. That spirit's plan for you is higher than whatever your ego thinks. I can't post this because last time I posted something like this, I lost 50 followers. Spirit's plan is not rooted in fear.

Us not doing something, and not saying something because a fear of loss is rooted in fear. So that means you're plugged into something that is not in resonance actually with your highest timeline, because your highest timeline is not plugged into fear. So the surrender part is surrendering your ego's attachment to things happening at a certain time, to numbers, to metrics, and also surrendering yourself to a plan higher than what your ego can create. And the standards part is, let me give an example.

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my life, but there are certain things that I'm working on behind the scenes that I'm not publicly sharing because there are certain things that are not confirmed yet, and so I'm not comfortable to publicly share because it is a big thing, and there's certain pieces that are not 100 % confirmed. Let's say, hypothetically, there is this huge vision that's very life-changing that I'm looking at.

And that I'm moving toward and the signs are bringing me there and it came into my life in a very magical way by invitation and there, and I'm a projector who follows invitation, and there's this huge magnetism, but there's also things about it that are not guaranteed. There's things about it that I do not know yet. There's things about it that are not set in stone. I don't have the full control to just know, yeah, this is locked in. I'm not able to lock it in yet. And...

That feels very, very vulnerable for me. And I have my South Node in Virgo and the South Node in, it's 11.11 right now as I'm sharing this. The South Node in the sky right now, Transit South Node is also in Virgo. So I'm in my Nodal Return, which has to do with Destiny and Karma. My South Node, which has to do with Karma is in Virgo. The shadows are Perfectionism and Micromanaging. Because the Transit South Node is there as well, it's activating that energy for everyone, but it also is on my natal chart, the same energy.

So you might resonate with some of the things on Perfectionism coming up and inflexibility and like it has to be like this and feeling like worrying I need to fix I need to fix myself I need to fix the situation I need to fret and fretting is somehow gonna get me closer to it and where it is in my chart in terms of my house which represents the area of life where it activates for you and I teach I have these teachings and the nodes master class North node in Pisces masterclass there's there's off offers and things you can explore if you want to go deeper on that

For me, it's in my second house and that's the house of security. It's a house of financial security. It's the house of self-worth. It's the house of feeling secure materially in life. And the self-note is sweeping up karmas there. So there's certain shadows of those energies that when the self-note is activating that, it makes it a bit more easy to go there. It makes it a bit more easy to fall back into those patterns.

Like it almost triggers that as like this, the knee-jerk reaction to things that feel unsettling to me in life, the way I would cope with that unconsciously would be kicking into the shadow of the perfectionism, overthinking, over analysis, trying, where's the security, like fretting, trying to find some sense of security, which in this case would be the guarantee and the certainty that everything's locked in, which is not something that I have right now. And so that's brought up a

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lot of interesting things in me that I've been working with because I've been working with my nodes for 20 years, right? Like I'm very familiar with the frequencies, but it's not something that you just conceptually know, it's something that you live.

It's something that you work with. It's something that you feel into. It's something that you embody. It's something that shifts deep within your Soma and your psyche and your soul and your multi lifetime karma trajectory as well. So here's this. So back to the example. Here's this amazing vision. There's peace. It's a long term vision. There's pieces of it that cannot, literally it's not possible for them to be locked in right now. There's uncertainty. There's mystery, which my North node

in my chart and the transit north node is in my eighth house, the house of mystery. I had an option. I had a fork in the road that I could either. Well, there was three options. One option was just say, fuck it, because it felt a bit stressful because I didn't know that made me feel vulnerable and that made me feel vulnerable because I wanted to know and I couldn't know. So I could just say, fuck it. This is uncomfortable. Let me just go to my comfort zone.

But I didn't even really see that as an option, but that option was there to turn back around. You're at the fork in the road, there's two forks, but you could also just turn right back around and go down the path you came, right? The other forks, the actual fork, was one side was, okay, I can kick into my old ways. I can stress, I can fret, I can worry, I can fill my days with busy work, I can stay up late slumped over my computer with bad posture in my bed and fuck up my circadian rhythm just because I need to feel like I'm doing something to move things forward.

I could overwork, could push myself into overproductivity, I could be hustling because that gives me this illusion that I'm doing something and then that at least is a sense of control, right? Some of y'all might resonate with that in the same way or in your own way, in a different way. That's very common with even just the transit south node in Virgo, even if it's not your natal one like it is for me, because the transit south node is in Virgo for everyone.

You may resonate with some of those. I was like, I'm feeling vulnerable. Let me kick into busy work, worrying, fretting, spinning the wheels of my mind, thinking, Oh, if I think about it long enough, I will somehow have the solution. No Eureka moments and the true game-changing insights don't come from you squinting your brain and like your brain doing pushups all day long, just thinking about something. actually comes through. Yes, analysis and intellect is helpful. It's there. It's there for you, but

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Oftentimes we get the best ideas when we're on a walk or in the shower, right? Or we're in meditation, like we're chilling and we're open and we receive the revelation instead of feeling so unsafe to be in the body that we retreat in the mind, like worrying, fretting, analyzing everything. What about this? What about this? Okay, what about this? That option was there. I could feel that option calling me, magnetizing me back into the south node energy of like, you could just, you could just.

kick into this gear and just be go go go wild. You could just spiral all over here. But there was another option. The other fork in the road was to have a surrendered standard that I'm going to move ahead to this vision. I'm going to claim this vision because being both feet in having only one foot in is already sabotaging the whole thing. So I might as well be both feet in and just see what happens and be open to what happens.

I'm gonna be both feet in. I'm gonna have a standard that if this is meant to happen, it will not be from me leaving my center, abandoning myself, going back into old patterns that I've worked so hard and so deeply to heal and move from, but sometimes it's very easy to go back into old patterns, right? Almost like a relapse in a way, because I was at one point, felt like a workaholic. Having a standard that if this happens,

It's not gonna go down like that. I don't even want it if it goes down like that because if it requires, it's such a life-changing path, this vision, it's such a life-changing thing that if I force it, I could force it, but I don't wanna be in something that's not meant to be. I only want it if it's meant to be. So I have a standard with myself that I will do my part.

Of course, I'm not expecting it to just, if it's meant to be, will just fall from the sky into my lap. No, babe, this is a big thing. This requires me to be part of the dance. This requires me to be on my game. But my game, hustling and spiraling and worrying and fretting is not the top of my game. This requires me to be at my growth edge, to be alive and present and to be sharp and to be clear and to be there and to have my rest because that's what creates me being in my power.

This requires me to step in my power and stay there and be sustained in my power. And that includes the power of my rest, the power of my pleasure, the power of my intuition. That's all part of it. So the standard was I'm going, I'm choosing this path. I am choosing this path. I have a standard that I will not force the path by leaving myself because if I have to leave myself to get it, it's not even meant for me.

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And I don't even want it if it's not meant for me because it's such a big life change that could be really bad. That could be really disastrous to have a huge major life change that you forced. It's like getting into an engagement or marriage that you had to force it to happen. How is that ever going to lead where you want to go? How is that ever going to lead to what your heart truly desires? If you knew that there was a higher timeline available, if you knew that you were worthy of what you really want, right?

Then the surrender part is, if I do my best and I go and I choose this path that is a big life change and there's a lot of things that aren't guaranteed right now, I'm gonna choose this path, I'm gonna lead from the heart because that's my standard, I'm gonna keep coming back to myself because that's my standard, I refuse to abandon myself because that's my standard, I'm gonna do it in the most joyous and expansive way possible because that's my standard, not expecting myself to be happy with a smile all the time but just overall, like if I find myself

really contracted, disconnected from joy, disconnected from myself, I'm not on the path that I've chosen actually, because I'm choosing the path where I am connected to myself, where I am attuned to myself. The surrender part is, if it doesn't end up happening, because of, and like, I could have pushed it, I could have strained, but I didn't, and it doesn't end up happening, the surrender is, it wasn't meant for me. Because if I show up in a way that I'm proud of, from leading from the heart, and I do what I'm intuitively called to, and I am part of the dance,

that includes times of aligned action and times of growth and times of a lot of leadership and more yang times, as well as more yin times, times of resting, restoring myself, listening to the vibrations in the field and being attuned with my womb and my heart. As long as I'm part of the dance and I'm proud of how I showed up, I surrender the end outcome. Because if it didn't happen for me truly doing my best, like my true best, not my do as much as I literally can until I fall down best.

That's not, I used to think that's what doing my best meant by the way, like literally working as hard as I possibly actually could. That's not what it means. That's not what it means. It is about also the measure of power that you're in, the vitality in your body, your aliveness and presence. And if you have to, if I'm speaking for myself, you know, my experiences, if I have to dissociate from my own body to keep pushing something, that's not actually what I want because that's not the resonance of my destiny timeline.

So there's a standard for how I will approach it. There is a surrender to the end outcome where I will be proud of myself no matter what at the end, whether it was able to happen or not. And

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then the final part is the sacred success. Feeling successful because my goal was not just to reach this destination at all costs. My goal was actually to enter that timeline and grow and evolve. That's actually my goal. And at the end, if I didn't get this result of this full vision, totally actualizing the way that I will have landed this lesson of the surrendered manifestation of the literally embodying more or less coming back to the truth of my essence and my soul and landing and anchoring my soul energy more and more and more into my body while being activated by this vision and this direction that I'm heading into the way that that will evolve me is fucking priceless.

And it includes the vulnerability of choosing to walk down a path where there is no guarantee. This is the year of the fire horse we're entering into. Passion, courage, leadership, momentum, speed, spirit, creation, moving forward as the creator.

The final week stays of Year of the Snake are letting you drop and shed and transmute the things that say, I want that, but that means I'm going to have to, you you might not consciously think it, but the ways that we abandoned because we think we have to to get what we want, whether it's love or money, business, whatever, friendship.

If your friends don't like when you tell the truth, if they don't care about how you feel and or how their actions impacted you, I've had to learn this too in the last year of Let Go of a few friends, a few friends that just literally did not care when I finally worked up the courage to say something to them about how their actions impacted me. And other friendships got way deeper because they actually care. And my truth brought us closer and their truth to me brings us closer because I actually care.

So all of these stories and these lies that to get what we want that our soul craves, on some level we're gonna have to abandon ourselves, whether it's dissociating from the body and forcing ourselves to work when it's actually a no, whether it's enabling our avoidance and escapism and not showing up consistently and knowing that and being paralyzed in that energy, whether it's denying our true desires and not speaking boundaries and ignoring the signals that our emotions are telling us when a boundary has been crossed, just to keep something in our life because it would leave if you said your truth.

You can have a standard babe to not fucking be available for that. And that energetic is actually aligned with your true highest success timeline. But that requires surrender and not trying to micromanage and be like, it's all about getting this end result. It's all about just getting this at all

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costs. The cost is your alignment. The cost is in a way it's your soul, not in a permanent way. Your soul is always there. It's eternal. It's indestructible. And you can always come back to it.

But on some level, the cost is the alignment, right? The alignment with that narrow path of your highest timeline. And for me, how big this vision is, is so fucking activating for me. It's like, holy shit, it's so activating that it's really vulnerable. And so I feel that temptation to, just kick into this other way to gain that illusion of control. But the illusion of control is just an illusion, and it's not even on the vibration of what that end result would be. It only makes me feel better.

in a short term thing, because it's kind of like filling a hole, a void, know, or like tamping down that feeling of vulnerability. So the surrender is also living with an open heart, moving toward that vision with an open heart. Wow, this activates me so much. Wow. I desire this so deeply. But all I can do, because it's this long term thing where I literally, it's not possible for me to have the guarantee tomorrow or even next month, I have to keep opening and be in this pace.

a rhythm with it where it's not happening sooner and opening my heart to the vulnerability of really wanting something, really wanting something that isn't guaranteed and having a standard that, okay, that vulnerability sometimes makes me want to kick into these coping mechanisms that give me an illusion of control, but I have a standard that I'm unavailable for that. Because more than anything, this is about who I will become on the journey of opening to this vision. And if in the end it is the celebration of the full actualization, holy shit.

I'm gonna be so happy, it's gonna be fucking amazing. And if in the end, I've done the best I can truly for my heart, in my spiritual power and a two-minute connection with myself and reflected in the aligned actions, and the goal wasn't fully manifested, the love and the anchoring of my soul energy deep within myself will be the most priceless and precious gift of all. So we can leave behind all that other shit and all those other stories about what we think, what kind of compromise of our truth,

We think something requires or the ways we compromise our truth and abandon to avoid loss, leave that behind in the Year of the Snake, because all that shit is just gonna weigh you down when it's time to mount the Fire Horse. For those who don't know, the day of the Lunar New Year, February 17th, that's the beginning of the Fire Horse year, and a very rare occurrence is happening where the Lunar New Year new moon, which is always a new moon, is a solar eclipse.

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This is rare. This is incredibly powerful. It's in the sign of revolution, the sign of Aquarius. And I know some of you, so many of you guys have joined already, but I felt called to do a moon session, deep dive astrology masterclass and quantum meditation for the new moon, solar eclipse, year of the fire horse, everything, starting at just \$11 sliding scale. I've never done a sliding scale moon session before. Normally they're \$111. So I'm so excited to offer this.

To come together in a powerful group field and gallop into that new lunar year together. Solar eclipse and Aquarius, the sign of revolution. The people are coming together, we are reclaiming our world, and we're doing it with passion and courage. We're doing it while being unavailable to self abandonment and all of those coping mechanisms that were always rooted in fear. Let's shed it in these final days and weeks of the year of the snake. Thank you so much for listening.

I so appreciate your guys ratings, reviews for the podcast, giving us five stars. Feel free to email me or message me on Instagram with any requests you have for episodes. I'd love to hear those from you guys. And I thank you so much for listening. Take care and I'll see you next time.