

T H E  
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P O D C A S T

*with*

AYESHA  
DURRANI

Episode 24

So 2026 is a 1 year and that is all about new beginnings. The firehorse year that a lot of people have been talking about is all about courageous movement, building momentum, and galloping forward into our dreams with so much courage and enthusiasm and really invigorating our passion and everything. So why hasn't it quite felt like that?

That's what I want to talk about today in this episode. Now, this is an episode that is connected to a specific time frame. So I try for a lot of my episodes to be timeless, but this is one that you want to be listening to it at the time that I first recorded it, which is in March 2026. We entered into the firehorse year. We crossed over into the firehorse year just a few weeks ago.

And there was a lot of hype around it, you know, the snake year being all about endings and shedding and the fire horse year being about this bold new beginning. Now, this is totally true. These absolutely are the energies of fire horse year and the energies of 2026 as a one year as well. However, we crossed the threshold into the fire horse year and there's no going back from that. We are in this new energy. We've crossed the threshold into this new energy, but

As soon as we crossed the threshold, as soon as we stepped into the door ever since the solar eclipse in Aquarius, which was the beginning of this new cycle, and that was so powerful as well, as soon as we stepped in through the doorway of that eclipse, right away, we had to pause. We had to stop. We entered into new evolutions, new forms, new pathways, but right away we had to stop.

It was this very important part of the journey that is taking stock of where we are now and how we develop to this point. Taking pause to actually look within and see what needs to come into alignment, what needs to click into place. Because we entered into the firehorse year with a Mercury retrograde that started just after the firehorse year began. With Jupiter retrograde since November 11th of 2025, which has now stationed direct. And these energies all were really directing us to look within ourselves.

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So Jupiter retrograde, which now that I've recorded this, it just completed, that was a period of time, a four month period of time that really calls us to look within for our Jupiterian themes. The Jupiter themes are luck, abundance, opportunity, expansion, wisdom, and teaching.

When it's retrograde, what that tends to feel like is a sense of a bit of pessimism, a bit of skepticism, a bit of like, 'yeah, I don't know about that', that kind of energy, because Jupiter also rules optimism as well. So when it's retrograde, we can feel a bit pessimistic because we're not feeling like luck or abundance are flowing to the degree that we want. And what that's actually doing is serving us as all retrogrades do.

By showing us where we're still outsourcing that sense of safety to our external validation through metrics, sales, revenue, like all that kind of stuff. And what that is actually pointing us to is within ourselves, finding luck within ourselves and finding safety within ourselves as well. Why is safety coming up here? It's because Jupiter is retrograde in the sign of Cancer. So that has to do with safety, the womb, the divine feminine, the home and the lineage.

And a lot became exposed about how this world treats the divine feminine, right? During this period of time. So those are important things for us to look at because it's easy to feel really positive and optimistic when every month is your highest month, when every week is your highest sales week, whatever. But when that doesn't seem to flow, like the flood gates are not open at all times, which is totally normal in business. And it really does track with a lot of retrograde periods too.

And by the way, this is why we build things like sacred structures. This is why we build things like monthly recurring revenue. So even at the bottom of your baseline, there is still a nice, juicy, abundant baseline. That's always more than enough for your entire lifestyle and saving and investing and donating. To me, that is like a non-negotiable. And that's why I'm so passionate about strategy. But during this time where Jupiter retrograde is calling us to find our luck within ourselves, to realize we make our own luck, to realize that there are things that are not in our control.

But what is in our control, our energy, the way we're starting our days, the way we're showing up to our businesses, the way that we are engaging with resistance, the way that we are troubleshooting things to improve things and refine and elevate, right? That is within our control. So it's making us turn within to see where we make our own luck. And when we're in an energy of discouragement or whatever, that's going to create more of that experience, right?

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So it's finding that expansive feeling within ourselves and taking response - ability or ability to respond, for the flow of luck in our business, for the flow of abundance in our businesses. Taking a look at our structures, taking a look at the client pathway that we have, the client journey that we have for people where they're coming into our businesses and through our offers and all these things. Whenever abundance doesn't feel like it's flowing as much as you know that it could, as much as you know that it should, those are all times to really focus on the container, right?

Closing money leaks, closing energy leaks, refining, cutting off dead branches that are sucking up your resources. Like all of these things are actually really important. And that's very Jupiter retrograde in Cancer because Cancer specifically rules the roots, right? It's the roots, it's the foundation. And if the roots are messed up and we're just trying to grow higher and wider all the time, we're gonna topple over. We have to make the roots go deep. And that's what this retrograde was really bringing us into.

So that retrograde is now over. Actually, let me say one more thing about it that I think is really important, which is that Jupiter is the teacher. And one of the themes of Jupiter retrograde is also finding the guru within yourself. So not outsourcing everything to what does the coach think? What do other people think? What should I do? You know, not looking for the what you should do from others, but looking within yourself, asking yourself these questions, coaching yourself through things and finding the guru within yourself.

Now, I love having mentors. I love having teachers. I love being in masterminds. These are also non-negotiables for me because that's the experience that I want to have in my business. I want to feel lusciously supported. I want to be surrounded by people who can understand what this path is like because it can be lonely. I want to feel empowered. I want to feel expanded. But ultimately, none of my coaches have the answer for me. None of my coaches can tell me what to price something. None of my coaches can tell me what I should do. Right?

We can work on things. We can troubleshoot. We can strategize. They can help me find my blind spots, whatever. But ultimately, I am the authority on these things and or my higher self, higher power also authorities, right? And with it being in Cancer, that really highlights the ancestor support as well. So now that cycle is over.

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We entered into Fire Horse with Jupiter retrograde. Now Jupiter is direct, just in the last couple of days as I'm recording this. And, but however, yet we are still in Mercury retrograde and Mercury retrograde goes on until the 20th of March.

Guess what else the 20th of March is? It's equinox. It's the beginning of Aries season. And that, my friends, is the astrological new year, as well as Nowruz, which is the Persian new year. There are other cultures that also follow this new year. So I love the astrological new year because it is when the sun enters into the first degree of the 360 degree zodiac wheel, which is Aries degree zero. OK? So that to me, that is the new beginning. It's spring in the Northern Hemisphere. It's very new beginning energy.

Aries is about initiation. Aries is the first sign. So the zero degree of the first sign and the first day of spring. Yeah, that feels a lot more like new energy to me than halfway through Aquarius season or halfway through Capricorn season, for goodness sake. So this feeling of we're swimming through a bit of like, I want to say swamp. And why do I say swamp? It's because all these planets were in Pisces, so many planets in Pisces.

Mars in Pisces, Mercury retrograde in Pisces, the sun in Pisces, the North Node in Pisces, Venus was in Pisces. Venus has now entered Aries and there's an audio about that in my membership, but finally some planets are leaving Pisces because when there was so many planets in Pisces, it just feels like we are in a swamp, especially with Mercury retrograde in Pisces because Mercury is the ruler of Pisces' opposite sign. Actually, Mercury is also the ruler of a sign that is square to Pisces, so there are two signs ruled by Mercury. One is Gemini, one is Virgo. They are both in harsh aspect to Pisces.

So Mercury is very uncomfortable in Pisces. Mercury is in its exile in Pisces. That means it's in the opposite of its home sign. So I love Mercury in Pisces, by the way. I know so many people. I mean, it's my moon sign, so when people have this, the Mercury, the same Mercury sign that is your moon sign, that's a vibe because your communication connects with their emotions and vice versa. It's actually really nice for compatibility and friendship. I've had tons of plenty of people with that placement. It's very musical. And every single one of the people that I know with that as a placement is a musician professionally. So that's been a very cool thing to observe.

That being said, Mercury retrograde in Pisces, first of all, Mercury in Pisces, that's already challenging in certain ways. Logic, getting words out in a way that others understand because they're so connected to like the infinity of everything, like the whole ocean of consciousness,

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and that's really overwhelming and hard to put into words. That's why a lot of them express in music instead of words. But when it's retrograde, good lord, that's a whole next level of finding it hard to... it's like you're walking between worlds, you know, because Mercury's perception and Pisces is all that exists, Pisces is all dimensions, unity, consciousness, oneness that we're all source, ultimately, and that's so huge. That's beyond what our human brain can really comprehend.

So it makes it really hard to process that, communicate that. And that plus a massive stellium of all the other planets in Pisces, it's a lot. It's a lot of emotions. It's a lot of boundarylessness. Pisces is the most boundaryless sign. It's water and it's mutable, which is the most fluid of the different modalities of the signs. There's cardinal, which are the beginning of season. So Aries, Cancer, Libra, and Capricorn, those are cardinal, they're beginning of seasons.

There are fixed, which are the middle of a season. So us fixed, us fixedies, we're very stubborn and we, you kind of know what you're going to get with us. We're the same over long periods of time. If you saw me, literally photos of me 10 years ago, I look exactly the same. And same with all my fix sign friends. We just hold it down. We really hold it down. And that's the shadow of it as well as stubbornness, right? But the fix signs are Taurus, Leo, Scorpio, and Aquarius.

And then the mutable signs, they're the ones that are at the end of a season. So they're very fluid. They're very adaptable. They're very versatile. They're able to like, you're yielding into a new energy. So it's bringing things to completion as well. So those mutable signs are Gemini, My gosh, I'm blanking because I'm not looking at it. Gemini, Virgo, Sagittarius, and Pisces. There we go. Full circle all the way back to Pisces. I'm like, why am I trying to say this without a visual support during Mercury Retrograde in Pisces? Very meta.

But the mutable signs are the most fluid signs because they're giving way to the next season. They're bringing things to completion. They're very go with the flow. Even Virgo is very, very adaptable. And out of all of them, the most fluid is Pisces. It's water, right? So mutable water and it's retrograde. It's like, good Lord, with all the other planets there. It's like we're swimming in an ocean of emotion and we can't put it into words and there's things, we're getting downloads constantly and we're having crazy dreams and there's a lot of emotion in the collective because crazy, crazy, crazy things are happening in this world right now. And it's a lot for our hearts and we're really connected to our emotions. And it's like, we're swimming in the soup, right? We're swimming in the soup. And we're like, where's that fire horse at?

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I don't know if you saw the meme where, oh, I should have figured out what the meme was from before I started talking about it, but you know me, I'm always channeling and just speaking off the cuff in every episode, but there's a meme that's like, they said it's year of the fire horse and it's a picture of like a horse stuck in the mud and like the person's trying to pull them out. It's from a movie. I want to say it's almost, is it from the Neverending Story? I don't know. I shouldn't try and guess during Mercury Retrograde in Pisces, but that's kind of what it's felt like. It's felt like a song.

And now one by one planets are entering into Aries. Venus is already in Aries. So that's already drying up the swamp a little bit to bring balance to the elements. And then as we're moving forward into these next days, our final week, just over a week of Mercury retrograde, we're meant to be going on this deep inner journey. So we've entered into the fire horse year, but we're not supposed to run ahead right now. Because if there's things we need to address before we run ahead into the next phase.

There's things we need to face, there's things we need to heal, and it is really specific to the Pisces themes of the mystic, the healer, the artist. And to me, as a business coach, it has a lot to do with the broke healer, starving artist archetype, healing, being overly self-sacrificial, healing, from yourself until you're depleted, healing, feeling guilty for charging to be able to support yourself abundantly in your business. Healing all these things that are ultimately rooted in fear, rooted in disrespect for yourself, rooted in not esteeming yourself.

These are really big pieces and there's a big karmic energy to it as well, where we've had past lives where that is how we ended up like kind of distorting our relationship with our gifts. If your gifts, if you believe your gifts were gifted, if we think of even the word gift, like gifted to you by higher power, are you honouring that gift when you give till your body is screaming?

So these are some of the main themes for me as a business coach that I'm seeing with my mastermind clients, with my private clients, et cetera. Like this is, this is what's up. And if what's up ahead, now that we've crossed the threshold and we've entered through the doorway, the doorways closed behind us and disappeared. And now we're in the fire horse year. If we run ahead and drag these wounds with us or maintain these wounds and shadows, we're not going to actually have the best outcome. So rushing ahead to just act and be in fire horse energy, it's not what's meant to be right now.

This is a time to go within and really to address places where you're dishonouring yourself or you're being overly self-sacrificial, where you're not having boundaries, where you're leaking

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your energy, where you're leaking your gifts. There's a high form, sacrifice can be very exalted. There can be an exalted form of sacrifice. There's a higher octave of sacrifice. And some people might consider Yeshua's crucifixion to be the highest form of that. And that's not what I'm talking about here. When we're dishonouring ourself, when we're exploiting our life force, when we're overriding our physiology, when we're overriding our bodies, when we're overriding our energy, when we're overriding our values and our ethics.

There's a lot here, and your firehorse leadership timeline is right around the corner. But this was never meant to be the time that we barrel a head into it just because it's fire horse. This was meant to be the time that we do work on the subconscious. We do work on the depths of our psyche. This is the time where we rewire our beliefs about what it means to be someone offering your spiritual gifts, your artistry, your mysticism in this world right now.

That's what is up after the Jupiter themes, add on to the Jupiter themes that now we're complete that cycle in Jupiter's direct. By the way, Jupiter is the ruler of Pisces, FYI, so everything's always connected. It's always a beautiful sacred geometry of everything being connected. So Mercury retrograde completes on the 20th of March. Two days before that, we have the new moon in Pisces, and Pisces is the sign of our highest dream visions.

We might think we need to sacrifice how we feel to gain our dream vision, sacrifice our health, sacrifice our values to gain our dream visions. That's something Mercury retrograde is helping you recode. So I love that the new moon is when we're still in Mercury retrograde. So it's this beautiful sequence. Then this sequence is exactly why my upcoming event, maybe you saw it on Instagram, Mystic Legacy, which is my new three-day event. This is exactly why it is happening in this precise timing.

I'm actually going away days after, just some few short days after I complete this, and I couldn't not. It was so irresistible for me where I was like, do I really want to do this three day event? And it's like, I must because it's such a powerful portal, and I myself am moving through it. So let's move through it together because I always find that so powerful to be together in the group.

First we have on March 18th, the new moon in Pisces. This is all about manifesting the dream vision. This is very Earth angel energy. This is about manifesting the true shared vision that we all have rooted in our hearts for humanity, for a world, for heaven on earth, rooted in compassion, rooted in spiritual truths, true embodied spiritual values and integrity, and rooted in unconditional love. And that's really what Pisces rules.

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It is very dreamy. It's very angelic. It's very heaven on earth energy with that new moon, such a powerful time to manifest. Then the second day is March 19th. This is the day before the equinox. This is the last day of Mercury retrograde. And this is when we are going to deep dive on some of the most challenging things for mystics that are holding so many of you back from the income and impact that you're meant to have and it is visibility.

We're going to do a deep dive on all the shadows of visibility, which are very specific for mystics, for people who are persecuted in past lives for using our spiritual gifts, for people who do not feel safe sharing your spiritual gifts, sharing your values, and just it's time for a next level of expression. And visibility is part of your highest timeline of impact and income if you are listening to this podcast.

Then day three is day one of the astrological New Year. Yes, I know there were so many New Years. There was the Gregorian calendar New Year, the Lunar New Year, but March 20th is the first day of Aries season. It is the spring equinox in the Northern Hemisphere, autumn equinox in the Southern Hemisphere, very powerful as well. That's still a very powerful time for Southern Hemisphere people, so don't feel neglected that I didn't mention that yet. It is also the last day of Mercury retrograde. Mercury retrograde ends on March 20th.

So talk about a breakthrough into Aries season, the season of the warrior, into the new astrological new year, into a new season, and into the last day, the very end that it ends on the day of March 20th of Mercury retrograde. So that the rewiring is done as the sun enters into the first degree of the whole zodiac wheel in the sign of action, in the sign of boldness, in the sign of leadership, in the sign of courage, in the sign of confidence.

And we were always meant to do this deeper inner work before we blasted forward with that confidence, with that boldness, with that energy of unfuck with a ble, Jupiter Direct, Mercury Direct, Aries Season, Equinox, New Moon just days before. I love that the New Moon is days before because that's helping us plant the seeds really deep in the quantum. That's helping us plant seeds deep in the subconscious. So it's like planting it all the way deep and then being like, all right, I'm done.

And entering into Boom, the new cycle. And on that third day, we are doing sacred sales and wealth magnetics. Really claiming something Aries is so good at, such an amazing teacher of really claiming what we want. I'm done with artists, healers, mystics, being in denial and suppressing their desire for abundance, because it's not authentic. It's not honest and authentic.

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There's a long way between desiring abundance for you, your family, your community, and an amazing life that helps you blossom within, there's a long way between that and greed, hoarding billions and billions of dollars. You could solve world hunger, but you just don't. You go to Mars instead. That's a whole other, we're so incredibly far from that. Even if you're a millionaire, you are so far from that. That's not us.

So we need to do some work on that and also talk about strategies for sacred sales. Because without sales, obviously your business is a hobby. Right? That sales are the lifeblood of business and sales also represent a lot of impact that you're making with people in your offers. Your free content is great. Your free stuff is great. It's amazing to gift this to the collective. That's what my podcast does as well. And my IG posts, I love to give to the collective.

But ultimately, the deepest transformations will always happen in paid spaces. That is honouring energy exchange. The lack of honouring energy exchange is called exploitation. Wanting people to work for free is called slavery. Correct energy exchange is part of new earth. Correct energy exchange is part of the template of the divine human. We need to recognize that.

So this is a very amazing event that I'm so incredibly excited to lead. I'm literally bursting at the seams with so much passion, so many codes coming through for this. And I know that a lot of us are still swimming in the deep end over here, where we are currently. Mercury retrograde in Pisces and all the other pieces. Check out my IG posts. I have two posts about Mercury and Pisces, maybe even three actually, because it's been such a deep one on my IG if you want to go read those.

This is preparing us. It's preparing us for this breakthrough. It's preparing us for this reclamation. It's preparing us to plant the seeds of what we really want and then take the fucking action, excuse my French, with Aries season. The season of leadership, the season of passion, the season of action, the season of motivation and drive. We're trying to motivate ourselves to run when we're energetically at the bottom of the sea, trying to run underwater.

This is a time of feeling that we're in right now and rewiring. And we need that rewiring so that when we go and blast off, go and run into that new timeline, we're actually aligned in the right direction. Our trajectory is actually set in the right direction. This is about creating the impact you're really here to create. This is about knowing that spirit always meant for you to be abundantly resourced as you do this. This is about sacred strategy and structure that

holds you so that even in all the ups and downs of business, you have a baseline

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I've had a baseline of multiple five-figure cash months every month for over 60 months consecutively without a single break. I mean, I've taken tons of breaks. I took 12 weeks off of client calls in 2024, not 12 weeks in a row, but by different travels in 2024, it was 12 weeks. I took multiple international trips last year as well in times that I was completely unplugged from my phone.

But I mean, not a break in receiving that revenue. And there were still ups and downs, but there was a baseline so that the lowest of the downs was still in multiple five-figure cash months, was around \$30,000 revenue cash received, not sales. So I have a lot to teach here. And this is not us becoming robots, it's quite the opposite. It's us creating the sacred structure that actually honours and respects our spiritual gifts so that we can be in our mysticism even more.

That's why strategy is such a huge passion for me. So if this lit you up, if you are feeling this in your soul, if you are moving through the deep end right now, going through layer and layer of healing and revelations, I want you to know there is a huge breakthrough on the other side. There is huge clarity on the other side and there is this energy of, there's this energy of *carpe diem*.

Very much so with this Aries season, Equinox, Mercury stations direct on that day. There's a huge breakthrough there. Just after the new moon in the sign of dreams. So nice. It's like the final gift of Pisces season is that new moon. So sweet. It just wants the best for everyone. It's very angelic. It's very heaven on earth. And then Aries is like, all right, what are we going to do about it? Let's go get it. And I love that combo of energy.

You are officially invited to join us in Mystic Legacy. I'm so, so, so incredibly excited. It's a very accessible price. Normally just the moon session. So the first day of the new moon in Pisces, that's a moon session. One of my signature moon sessions. I'm sure, I mean hundreds and hundreds of you have been in my moon sessions over the years. And these moon sessions go very, very, very deep into the unique blueprint of the new moon, how it activates your chart, your greatest opportunity for manifestation and guided quantum journey that almost always brings people to tears. Almost every time, if not every time people are in tears from these journeys.

As a Pisces moon and north node I feel specifically even more deeply connected to this one so I'm really excited for bringing that. Normally those sessions alone are 111 so you can join the whole three call experience, three consecutive days live together. Anyone who knows and has been in my spaces knows we go really deep. There's no surface level stuff going on in my

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spaces. You can join all three days for 155, but the price is going to 333 soon. So go ahead and claim your spot right now. I'm so incredibly honored to be leading this. I know we need this, my people, my soul constellation at least. I know we need this because I feel it so deeply. I see it, I sense it.

And we are about to step into next level of leadership that is very rooted in our healthy mysticism and our spiritual gifts, and that's why we need to get right with those in these weeks before, and that's why everything is timed the way it is with the new moon into the equinox for Mystic Legacy.

The link to that is in the show notes, and I thank you so much for listening. I was thinking about doing a podcast on lessons from over 60 consecutive five-figure months. Let me know if you would be interested in that, because yeah, I'm in a space of recording quite a lot of podcasts right now before I go away. So really love to get your guys' requests and suggestions. You're always, always welcome to share those with me. Thank you so much for listening and I'll catch you in the next one.