THE
AQUARIAN AGE BUSINESS
PODCAST
with
AYESHA
DURRANI

Episode 49

Welcome back to the podcast, loves. I am coming to you on day one of Venus Retrograde. So the end of 2026 is taking us on a deep journey with all the freaking retrogrades. And I also have an episode about this, from a couple of episodes back talking about the overall retrograde recode that is how we're ending this year together, how we're ending 2026.

And that really marks this final quarter of the year as a season, as a quarter of reevaluation, reexamination, reflection, and really recalibrating and realigning our trajectories truly for the highest good and the highest outcome. So there's nothing to fear with the retrogrades. And today I want to talk specifically about Venus retrograde. Venus stations retrograde today, I'm recording this on day one, October 3, until the November 13.

And the retrograde begins in Scorpio. And then on October 25, it will retrograde back into Libra. So this is a very, very strong, very strong themes for this Venus retrograde. Now everyone's heard of Mercury retrograde at this point.

It's got a very, you know, notorious reputation in the collective, even people that don't follow astrology. And of course, there's a lot of fear around that. There's a lot of like victim energy around retrogrades, which is not the vibe, that's not how we roll over here. But part of why Mercury retrograde is so notorious in the collective is because it happens three times a year and it is very in our face, right?

It's our technology, it's our transportation, it's our communication mix up with people. So it's really obvious, you know, at this point, I wouldn't be surprised. I would love to know, like how many of you have sensed that it is mercury retrograde before you knew it, because you start, like things start glitching out, random things are going wrong, dah, dah, dah. So, and you'd be like, wait, is it mercury retrograde?

And you check and it actually is, or it's about to be like, that's happened so many times. Obviously I'm a professional astrologer, so I'm more, I know when they're happening, but sometimes I do feel it right at the beginning of the shadow when I've forgotten that it's coming. So that's a really obvious one. Now Venus retrograde is a little different.

Venus goes retrograde every eighteen months. So it's not even something that happens once a year. It happens every roughly year and a half. This is a deeper journey. It's not this frequent Mercury retrograde, like, happening multiple times a year.

It's something that is more infrequent and it lasts for longer as well. So the shadow period is longer. The actual retrograde cycle is about forty days, which we can find a lot of symbolism within the forty days as well. And it's part of the greater eight year Venus cycles as well. So there's a lot of real depth transformation that is available here because Venus rules...

Okay. So the two themes that are going to be the strongest in our experience with Venus retrograde are love and money. And this is even more strong in the 2026 Venus retrogrades because Scorpio rules money and finance and energetic exchange, banking, investment, and things like that, even inheritances, taxes, debt, credit, mortgages, all of that is actually ruled under Scorpio. And Scorpio is a sign that rules sex and deep, deep, deep intimacy.

So think like soulmate love, transcendental, like tantric union, that, like spiritual love, that is Scorpio. Not, okay, Pisces is also spiritual love, but Pisces is like the unconditional love and like unity for all. And like the one source that is made of love. Scorpio is that more like, this is my person union, like deep, deep, deep soulmate union, that has its shadows, right?

So we'll see the shadows in that in like the twin flame union cult and stuff like that. Like that's really hooking into that shadow of how deeply we desire to have that one person. Yet those unions do exist. So it's a very interesting thing.

And Scorpio rules sex. Scorpio also rules death. Sex, death, and business and finance are all energy exchanges. They're all forms of energy transformation and exchange. And it also brings to mind a quote by Carl Jung, I might be, I'm paraphrasing it, so you know, I'm just saying like what I remember, it's not the perfect quote, but something like when you connect with someone, it's like two chemical compounds. If there's any reaction, both are forever changed. That's very Scorpio, like the love that transforms, even the sex that transforms, including things like sexual trauma, which also have a transformation effect on us, right?

And that's very relevant in what's happening in the collective right now with the Cornell case and just all of the ways that the veil is coming loose off of how, core that sexual abuse is to our system and the extraction, the vampirism, all of that.

So it's not surprising at all that these things are coming up during retrograde season. Pluto is retrograde as well, which tends to uncover a lot of secrets from the past. And so that's a very deep the Scorpio part of the retrograde is very deep and it can take us into our traumas that are the reason why we don't feel safe with the very themes of Venus and Scorpio, which is love and money and the things that we value and the things we truly desire and being in our power and being in our erotic energy and our turn on. Because that very same space, you know, Scorpio rules the sexual reproductive organs.

By the way, I'm so happy I can just speak on my podcast and not get fricking censored because these are aspects that I definitely will refer to on Instagram, but I can't go as deep as I want. So thank you. Sorry, being a podcast listener, like we can be uncensored over here. So yes, Scorpio rules the sexual reproductive organs. Every sign rules different body parts of the body and Scorpio rules the sexual reproductive organs.

If we want to be in our turn on, if we want to be in our creativity, if we want to be in our highest magnetism, but we don't feel safe because of energies and wounds and trauma stored in the sexual reproductive organs, which is like, look around, look around at the society we live in, even if you're not a survivor of these terrible harms, it still affects us and hurts us and makes us feel unsafe. So this is really taking us to the depths of those layers of where we don't feel safe to actually receive the things that we want. And I spoke about this in a different way on my Instagram. You know, I really try and bring a different transmission to different platforms.

But one piece, I recommend you read the post on Instagram, but one piece that I shared on there is like, you think that, like we say that we want overflowing abundance, but then we sabotage our own financial health in one sense with the spending choices that we have, in avoiding things like bills until it gets way worse, in things like sabotaging sales in business, even though that's what we want, that means we're literally acting out of alignment with our desires. And so it's not just about knowing that cognitively, it's about the deeper wound underneath of why, like the root of that behaviour.

So when something is growing, you have to look at the roots if you want to change what is going to grow. And most people are just looking at what's growing on the top and thinking like, okay,

yeah, we consciously know, we know, like we'd be knowing, right? If you're making less than ideal choices in love or with money, you know, So it's not just about, no.

It's just like with healthy food, right? Like we could just say, Oh yeah, eat healthy and exercise, but it's a lot deeper than that when we have struggles and traumas with that very same thing. And so the solution isn't telling someone, Oh, eat healthy. The solution is looking at the deeper reasons why we are, for example, gaining comfort or self soothing with a way that's not the most ideal way, that's not aligned with other desires that we have.

It's really looking at it in that way of what is the root reason beneath that, and Venus retrograde is gonna offer us that opportunity. It's gonna offer us that opportunity for the real root reasons why we're not fully claiming the amazing majestic love and abundance that we don't just desire, but we deserve because you are worthy of it.

And Venus rules self worth. So this retrograde is taking us. Scorpio rules trauma and shadow work, okay? In the way that we were forced to evolve through crises in our life. And Venus literally rules self worth, money, and love, okay? So it's taking us to the reasons why in our wounding, we made certain beliefs about ourselves with a...

Like, that are not indicative of higher self worth. And that then lead to actions, choices, and results that are aligned with a lower self worth. It's taking us to the core. Okay. We can say on a surface level, I believe in myself. I'm worthy, da da da. But if deep down, we still don't feel safe, then it's almost like we're self gaslighting, right? And that's why the whole manifestation world feels really shallow or surface level or like not nuanced. So that's really the biggest opportunity. And this is why retrogrades are opportunities.

Now on the October 25, it will retrograde out of Scorpio, Venus will retrograde out of Scorpio into Libra. So it's going from Scorpio, which is about this deep transcendental union, but also the relationships that transform us, that the death and rebirth that we experience, power drives, including healthy power drives and unhealthy power drives, right?

As well as that deep, deep, deep union, as well as the ultimate union, which is when we pass away and we go into this union with source, like another level of union with source, right? So it's going from that intensity to Libra, the sign of romantic partnership and marriage. So Venus already rules love. And it's in these two signs that are incredibly romantic relationally oriented. They are the two most romantically oriented signs in the zodiac, I dare say.

Cancer is a sign that's very emotional and loves deep bonds, but Cancer rules family, the divine mother and children. Okay, I'm not saying that other signs aren't romantic. I'm not saying that. Pisces is very romantic, for sure other signs are romantic too. But the thing is that Libra, literally Libra is the scales. Libra is a sign that rules marriage itself to two people in that commitment. And even the scales are about the interrelation, the relationship between two different entities. And Scorpio rules sex.

So these are, they're literally, they're so oriented toward these deep romantic bonds and Venus is the planet of love. So any Venus retrograde is gonna take us to our things around love, okay? Our unhealthy patterns, our attachment issues and wounds, anywhere that things are not in balance, etcetera, where we're making choices in love and money from a less than ideal self worth, right? Like from a lack of belief that we really deserve more.

Like why would we settle for less than we deserve? This is the question that the Venus retrograde is gonna take us to. And then when it enters into Libra, it is so explicitly about relationships, partnership, marriage, as well as business partnership and collaboration. So it goes from the very intense and deeply emotional Scorpio energy, which is very also romantically, romantic relationship oriented, soulmate oriented, into an air sign where Venus is a lot more comfortable.

Scorpio's traditional ruler is Mars. So when Venus is in a Mars sign, that's a very uncomfortable place for Venus. She's like, I'm not supposed to be out here on the battlefield. I'm supposed to be in my throne just in my pleasure.

And of course, listen, Venus in Scorpio is capable of immense, immense pleasure. It's a very erotic placement, highly, like, I have a lot of friends with this placement and it's so super sexy, super magnetic, very just like, oof, like they're just oozing it. So I'm not saying Venus having trouble here is like a bad thing. There can be a lot of, friction can create a lot of magnetism, right?

There's a fierceness, it's sexy, it's hot, hell yeah. You know, as a Venus in Aquarius, it's not really that great for me romantically, but I have a lot of like, I would say some of my best, best looking, most of my magnetic friends, sorry, can't talk. Most magnetic friends have this placement. So I very much appreciate this placement.

But going from that energy where there's more intensity there, and with that intensity, there is pain. There is pain with that intensity. Then it moves into Libra, and Venus rules Libra. So Venus goes from a place where, that is ruled by Mars, where she's very uncomfortable, and it's confronting, and challenging in a lot of ways, but she's working with that challenge and it's very magnetic and hot into Venus in Libra, which is when she's in her own home, there's an ease. There's an ease to that.

However, because it's the retrograde, it's gonna bring up the shadows and this is where we are self abandoning for love. This is where we might be fawning or people pleasing, which is the biggest shadow of Libra, people pleasing in order to keep love in our lives. And it's once again, Venus can bring back lovers situations from the past. It can even bring back money from the past in some time. So I wish that on everyone. May everyone who owes you money pay you back in this time. It's, you might get a few surprises like that.

But it's really about our relational dynamics. And you better believe that those relational dynamics play out in business as well. They play out with money as well. Now Venus also rules arts and beauty as well. So I love to see this for the collective in particular, the feminine collective, just because I'm more tapped in on that one, we get a lot of messaging on like the way that we need to look. And I think it's also gotten a lot more extreme these days than compared to when I was younger, when I was like in my early teens and I was getting self conscious about how I looked, there wasn't all these like tweakments and plastic surgery being very normalized and like all that stuff. Like I didn't grow up with that being normalized whatsoever.

And now it very much is. So I think there's a new level of intensity that to me is very worrying. I think it's important for our children and the next generation to see our facial expressions. Like this is a studied thing. I personally encourage my listeners to spend less money on invasive things to keep tweaking the way you look, where it can be a very slippery slope and you can be addicted to that. You can stop seeing really how you look. And anyway, have some strong opinions on them. I'm not here to judge anyone at all whatsoever.

And I'm not even saying never myself. You know, I'm really not here to judge anyone, but I have also seen just such an extreme shadow with it. And I just wish a lot of my listeners and people in my community would invest that money into your future like stocks, baby. I'm talking your retirement.

Like that's what I think about more so when I think about, do I wanna spend like several thousand dollars on this or do I wanna invest that into stocks? I'm a be investing that in stocks. So anyway, that's neither here nor there. There's really no judgment because like I said, never say never.

I might, especially as technology improves and there's maybe more cool natural options, like I'm not going to say I'm never going to do anything, but I just am concerned. And you know, for myself with my journey of I'm planning my next birthday trip and I'm so excited, I'm counting down to it. And at the same time as counting down to it, I'm counting down to, like at that time I'm turning 38. And I feel like just yesterday I was 32, like literally.

And so with that came some conditioning and messaging from the collective that I had, or sorry, from society more so than the collective that I had internalized. And so I've just been going through my journey with that and kind of made some decisions for myself about actually, I will stay natural for now for, you know, for the foreseeable future, but I'm never saying never.

And yeah, so I think that having Venus retrograde at this time is also going to bring up some of those things, because I really feel like it's reached a peak intensity, a climax in our collective of how normalized it is to, you know, just spend thousands and thousands and thousands of dollars to hurt ourselves in ways and risk ourselves when we could have put that money towards something else. So I think that that's going to be important to look at.

And it's not black and white, it's not, this is right and this is wrong, but I think, not only do I think, I know, because if that wasn't something we needed to reflect on right now, we wouldn't have the retrograde.

Retrogrades come as part of divine timing and a divine order that says, oh, look, look at the time, look at, I'm looking at my watch right now, I'm poking my cosmic watch. Oh, look at the time. It's time for us to take a look at this shit right now. You know, and how has it gone too far and bring it into balance.

It's all about balance. It's not about judgment. It's all about balance. Okay? I have to put it in recording right here that I'm not saying I'll never do it because then later if I do it, I'm a be hypocrite, right? So, you know, just wanna say it's not about judgment. It is about balance and the re...

It's not about the action. It's about the reason why we took that action. And what I see is that there's just all this really harmful narrative that has always been there to make us attack our own bodies, right? And to make us like, it's never good enough, so that's something we need to question.

And I think that's part of the beauty aspect of, because Venus isn't just love and money, but I would say those are the most strong experiences we'll have, is the… And the greatest opportunity too is shifting in that. And especially for my listeners, you know, those are very important pieces of life, but so is beauty. And then arts is also something that Venus rules.

I know so many people are really claiming and owning our artists era right now. So this is a great time also to do the transformation work into deepening so that you can, I think it's beautiful because the Scorpio part of the retrograde is going to bring up a lot of confronting feelings and emotions and sensations, And art is a way to transmute that? And then with the Libra part, it will be about the people pleasing, like making things because of a certain response from others, or wanting that validation that others like what we're making and needing to kind of get past that and be willing to be cringe, be willing to be different, to really be in our artistic channel and really be an artist.

It's not about pleasing others. It's about our raw expression and our journey with that and our relationship to our own art versus making art because of a distorted relationship with our audience.

I got to write that one down. So those are some of the overall themes for Venus retrograde. It's such a powerful time, for spiritual entrepreneurs, which are my listeners because Scorpio is also a very psychic sign. So it's a time where we will be accessing more of our psychic gifts.

Libra is connected with one to one client work and also like our artistry in creating our brands and actually reaching people and being… Scorpio is our magnetism. And then of course, it's the money piece, as well as the self worth piece and the power piece. Scorpio is power. So when we feel afraid to embody our power, there's deeper reasons for that and the retrograde will expose that because it's not only Venus retrograde in Scorpio, Mercury is going retrograde in Scorpio too this month in October.

So that brings me to a very, very special announcement and free invitation that I'm so stoked about. You guys are actually the first to directly be invited to this because we've been working on it behind the scenes for a minute.

I am offering a free masterclass, guys. It's been a long time since I did a free event. And yeah, this is not something I do regularly in my world. And when I do them, I want them to be so fucking value packed for you. I want them to be the breakthrough in itself, a standalone, powerful experience because that's...

Otherwise there's no point. That's how I feel about it. So I'm so freaking excited to lead the Retrograde Recode. It takes place on the October 20, and I'm going to go into do's and don'ts and how we can work with these retrogrades without feeling disempowered, without like collapsing and feeling confused and uncertain and like, you know, dropping things like in this final quarter, but actually understand how to work with these cycles as alchemists that know that these are catalysts to greater wealth, power, influence, and love, and art, and all the things that we want because that's literally what Venus rules.

Venus rules all that we want and value, even the things that I didn't say before. So our value system itself, the things that we value. Not everyone values money, not everyone values romantic love, the things that we all value, literally Venus rules it. So this is the time to actually use this moment as a catalyst moment.

And some people are gonna be approaching quarter four of twenty twenty six in a way that's totally counter to this because they're all in the mind on this is what I think I should do, and there's gonna be a lot of disappointment on that path.

This is the time for real alchemists to align with the actual opportunities of this time. So I know that it's something that I want to deepen on in a masterclass and really teach properly to you. So the link is in the show notes. I am so freaking excited about this. And as always, there's also a business training audio, a 35 audio that I recorded today for the business strategies specifically that align with Venus retrograde and the mini scopes for how that activates your chart.

This is inside of the Star Stream membership. So the membership always gets a business audio transmission on every retrograde, every time a planet enters a new sign, every new moon, every full moon, every eclipse, every new zodiac season. So right now we're in the Libra season, which is our sparkling social media. So it's a time where there's different social media

challenges and strategies that I offer. Every new zodiac season has a theme that we're working with together.

And then I'm dropping real time strategies that align with the current astrology and teaching you how to understand its activation to your chart. So honestly, it's unlike any other membership out there. And we are going to do so much retrograde stuff. Like there's gonna be a big retrograde focus in the membership for the rest of this year.

So real time strategies, social media strategies, sales strategies, money rituals, mindset stuff, leadership stuff, like the membership is really good. So definitely sign up for the free masterclass, the retrograde recode. And if you're ready to just right away get into the business codes for Venus retrograde, that is available in the membership right now. Both the links are in the show notes.

And thank you so much for being a listener. And I also wanna say thank you to everyone who messaged me about my most recent podcast about my heart healing. I received so many messages, including really heartfelt voice notes from several of you. And it just meant so much to me because those are the kind of episodes where I'm like, is this helping anyone?

Or is this me just doing some processing for myself? But it's just, yeah, just to share from my heart and my journey and be received and hear how it resonated, like more than one person told me, it's like you're speaking directly to me. And that was so shocking because we all think like, it's so easy to think we're alone on our path. So thank you for giving me the gift of, oh, I wasn't expecting to get emotional.

Thank you for giving me the gift of knowing that I'm not alone in my work and in my process and my journey. And even though we all, in many ways, we start life alone, we end life alone, and we walk a lot of our path alone, we are also all together. We are also all walking each other home. So thank you for being a listener. If you're really at the end of the episode, you are a real one. I love you. I appreciate you, and I'll see you in the next episode.